

HEALTHY

pregnancy + baby

WHERE TO GET HELP FOR NEW AND EXPECTING PARENTS.

WHERE DO I GO TO FIND OUT IF I AM PREGNANT?

Macomb County Health Department | Family Planning
macombgov.org/health (search family planning)
586-469-5491

Compassion Pregnancy

compassionpregnancy.org | 586-783-2229

Your doctor's office

HOW DO I FIND OUT ABOUT PROVIDERS AND INSURANCE?

Michigan Department of Health & Human Services (MDHHS)
newmibridges.michigan.gov | 1-844-799-9876

Doula Registry

Michigangov.org/mdhhs (search doula registry)

HOW DO I GET SIGNED UP FOR WIC?

Women, Infants & Children (WIC)

macombgov.org/health (search WIC)

WHERE CAN I GO FOR BREASTFEEDING SUPPORT?

Macomb County WIC Breastfeeding | Peer Counselors
macombgov.org/health (search WIC) | 586-469-6062

Macomb County Breastfeeding Coalition

breastfeedmacomb.weebly.com

WHERE CAN I GET DENTAL CARE DURING PREGNANCY?

Community First Health Center Dental Services

communityfirsthc.org | 586-749-8002

My Care Health Center Dental Clinics

Mycarehealthcenter.org | 586-467-0980 or 586-783-2222

** Gum disease in pregnancy is linked to premature and low-weight babies.*

WHERE CAN I GO IF I HAVE MORE QUESTIONS?

Macomb County Health Department

Macomb Child Health Home Visiting

macombgov.org/health (search maternal child health)
586-465-8429

Michigan Maternal Infant Health Program (MIHP)

michigan.gov/mihp | 1-833-644-6447



macombgov.org/health (search Baby Resource Network)
babyresourcenetwork@macombgov.org



Baby Resource Network of Macomb is a Community Action Team working to prevent infant deaths through collaboration with community partners by providing education and resources to support healthy pregnancies and healthy babies.



**Health and
Community Services**
Health Department

Learn More:
macombgov.org/health
(Search Baby Resource Network)

Contact Us:
babyresourcenetwork@macombgov.org



BABY RESOURCE NETWORK OF MACOMB COMMUNITY PARTNERS

Aetna Better Health of Michigan
aetnabetterhealth.com/Michigan

CARE of Southeastern Michigan
careofsem.com

Community First Health Centers
communityfirsthc.org

Compassion Pregnancy
compassionpregnancy.org

Early On Macomb
misd.net/earlyon

Embrace Grace
embracegrace.com

Great Start Macomb
greatstartmacomb.org

Judson Center
judsoncenter.org

Kids' Health Connections
khcmi.org

**Macomb Community Action Early
Head Start**
macombgov.org/mca

**Macomb County Community
Mental Health**
mccmh.net

**Macomb County Health
Department**
macombgov.org/health

**MDHHS - Children's Protective
Services**
Michigan.gov/mdhhs

Michigan Works! Macomb/St.Clair
msc-mw.org

MyCare Health Center
mycarehealthcenter.org

Priority Health
priorityhealth.com

**Silverspoon Home Services
(MIHP)**
silverspoonsmihp.com

United Health Care
uhc.com