

2016 Macomb County Community Health Assessment





Health Department

Macomb County Community Health Assessment

Produced by

Macomb County Health Department Office of Health Planning

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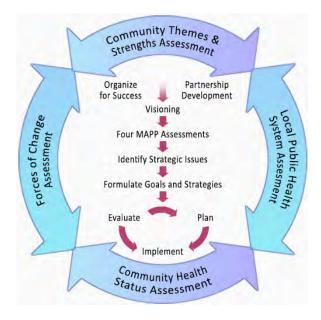
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Introduction to MAPP

Mobilizing for Action through Planning and Partnerships (MAPP) is a strategic approach to community health improvement. This tool helps communities improve health and quality of life through community-wide strategic planning. Using MAPP, communities gain structured guidance to achieve optimal health by identifying and using their resources wisely, taking into account their unique circumstances and needs, and forming effective partnerships for strategic action. MAPP is generally led by one or more organizations and is completed with the input and participation of many organizations and individuals, who work, learn, live, and play in the community.

Facilitated by public health leadership, MAPP provides a framework that helps communities prioritize public health issues; identify resources for addressing them; and develop, implement, and evaluate community health improvement plans. The MAPP process does not create a strategic plan for the LHD; rather, MAPP results in a strategic plan for the entire community.



Macomb County Health Department MAPP Process

Stage 1: Organizing for Success/Visioning

In July of 2015 the Macomb County Health Department began their Community Health Assessment with a kickoff meeting to provide information to community partners. During the kickoff, community partners answered four questions about the health status of Macomb County. These responses were used to identify a vision and community values.

The vision for the Macomb County Health Department Community Health Assessment is: A diverse, caring and engaged community where everyone works together to achieve optimum health.

The community values for the Macomb County Health Department Community Health Assessment are:

Equity: We value a community where everyone has a fair chance to lead a healthy life.

Cultural Acceptance: We value a community that promotes respect and diversity to all.

Knowledge: We value a community where residents have the knowledge and education to achieve and maintain healthy lifestyles.

Shared Responsibility: We value a community where residents take responsibility for their health and where health leaders provide support.

Trust and Respect: We value a community where trust and respect flourish.

Wellness: We value a community that promotes healthy behaviors to reduce disease and promote overall health

Stage 2: Conducting Assessments

From the kickoff meeting, four assessment teams were formed to complete the four assessments in MAPP. These teams included:

Local Public Health System Assessment (LPHSA):

The Local Public Health System Assessment measured how well different partners work together to deliver essential services. This assessment used the National Public Health Performance Standards as the tool for analysis of services in Macomb County.

Forces of Change Assessment (FOCA):

The Forces of Change Assessment (FOCA) focused on identifying all the forces and associated opportunities and threats that can affect, either now or in the future, the community and local public health systems. Forces of Change identified forces that are or will be influencing the health and quality of life of the community. Forces can be trends, factors, or events. The FOCA will considered the following categories of influence: Social, Economic, Political, Legal, Environmental, Technological, Scientific, Health Related, and Educational.

Community Health Status Assessment (CHSA):

The Community Health Status Assessment (CHSA) focused on gathering quantitative (numerical) data on health status, quality of life, and risk factors. CHSA identifies areas of issue or concern in data and also finds gaps in available data. This is used to ensure that the communities' specific health issues are addressed.

Community Themes and Strengths Assessment (CTSA):

The Community Themes and Strengths Assessment (CTSA) focused on gathering the thoughts, opinions, and perceptions of community members in order to better understand which issues are important to the community. Qualitative data was collected through the use of focus groups and a community wide survey.

Stage 3: Prioritizing Issues and Goals

After completing the four assessments, a steering committee reviewed themes and priorities that emerged from each of the four teams. From there, the steering committee decided on four priority areas:

- Chronic Disease and Healthy Lifestyle
- Social Determinants of Equity
- Behavioral Health
- Access to Services

The steering committee then worked to identify goals, objectives, actions and measures for each of these priorities areas which would be used to implement Community Health Improvement Plan (CHIP) activities.

Stage 4: Action

The Macomb County health Department will begin implementation of their CHIP in early 2017.

LOCAL PUBLIC HEALTH SYSTEM ASSESSMENT

Assessment Instrument

The National Public Health Performance Standards (NPHPS) are the basis for the LPHSA. This standardized tool measures the performance of the local public health system (LPHS) – determined as the collective efforts of public, private, and voluntary entities, as well as individuals and informal associations that contribute to public health within a jurisdiction. This may include organizations and entities such as the local health department, other governmental agencies, healthcare providers, human service organizations, schools and universities, faith institutions, youth development organizations, economic and philanthropic organizations, and many others. Any organization or entity that contributes to the health or well-being of a community is considered part of the public health system. Ideally, a group that is broadly representative of these public health system partners will participate in the assessment process. By sharing their diverse perspectives, all participants will gain a better understanding of each organization's contributions, the interconnectedness of their activities, and how the public health system can be strengthened.

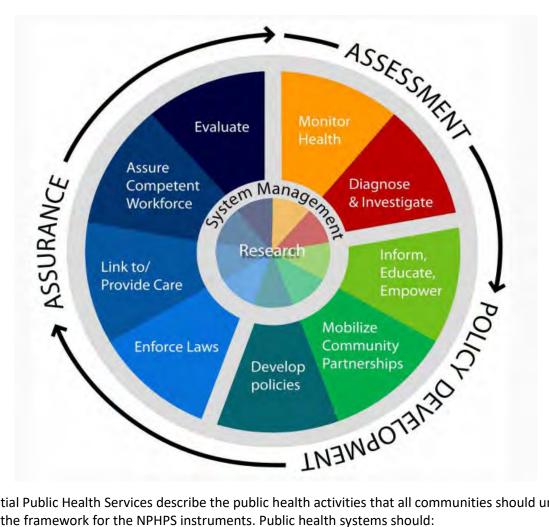
The NPHPS does not focus specifically on the capacity or performance of any single agency or organization. The instrument is framed around the 10 Essential Public Health Services (EPHS) that are utilized to describe the scope of public health. For each essential service in the local instrument, the model standards describe or correspond to the primary activities conducted at the local level. The number of model standards varies across the Essential Services; while some essential services include only two model standards, others include up to four.

The NPHPS Local Public Health System Assessment Report is designed to help health departments and public health system partners create a snapshot of where they are relative to the National Public Health Performance Standards and to progressively move toward refining and improving outcomes for performance across the public health system.

The NPHPS state, local, and governance instruments also offer opportunity and robust data to link to health departments, public health system partners and/or community-wide strategic planning processes, as well as to Public Health Accreditation Board (PHAB) standards. For example, assessment of the environment external to the public health organization is a key component of all strategic planning, and the NPHPS assessment readily provides a structured process and an evidence-base upon which key organizational decisions may be made and priorities established. The assessment may also be used as a component of community health improvement planning processes, such as Mobilizing for Action through Planning and Partnerships (MAPP) or other community-wide strategic planning efforts, including state health improvement planning and community health improvement planning. The NPHPS process also drives assessment and improvement activities that may be used to support a Health Department in meeting PHAB standards. Regardless of whether using MAPP or another health improvement process, partners should use the NPHPS results to support quality improvement.

The self-assessment is structured around the Model Standards for each of the 10 Essential Public Health Services, (EPHS), hereafter referred to as the Essential Services, which were developed through a comprehensive, collaborative process involving input from national, state and local experts in public health. Altogether, for the local assessment, 30 Model Standards serve as quality indicators that are organized into the 10 Essential Public Health Service areas in the instrument and address the three core functions of public health. The following image shows how the 10 Essential Services align with the three Core Functions of Public Health.

10 Essential Public Health Services



The 10 Essential Public Health Services describe the public health activities that all communities should undertake and serve as the framework for the NPHPS instruments. Public health systems should:

- Monitor health status to identify and solve community health problems. 1.
- 2. Diagnose and investigate health problems and health hazards in the community.
- Inform, educate, and empower people about health issues. 3.
- 4. Mobilize community partnerships and action to identify and solve health problems.
- Develop policies and plans that support individual and community health efforts. 5.
- Enforce laws and regulations that protect health and ensure safety.
- 7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
- 8. Assure competent public and personal health care workforce.
- 9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
- 10. Research for new insights and innovative solutions to health problems.

Each Essential Services model standard is scored by participants to assess system performance on the following scale:

Optimal Activity (76-100%)	The public health system is doing absolutely everything possible for this activity and there is no room for improvement.
Significant Activity (51-75%)	The public health system participates a great deal in this activity, but there remain opportunities for minor improvement.
Moderate Activity (26-50%)	The public health system somewhat participates in this activity and there is opportunity for greater improvement.
Minimal Activity (1-25%)	The public health system provides only limited activity and there is opportunity for substantial improvement.
No Activity (0%)	The public health system does not participate in this activity at all.

NPHPS results are intended to be used for quality improvement purposes for the public health system and to guide the development of the overall public health infrastructure. Analysis and interpretation of data should also take into account variations in knowledge about the public health system among assessment participants. These variations may introduce a degree of random non-sampling error.

Assessment Methodology

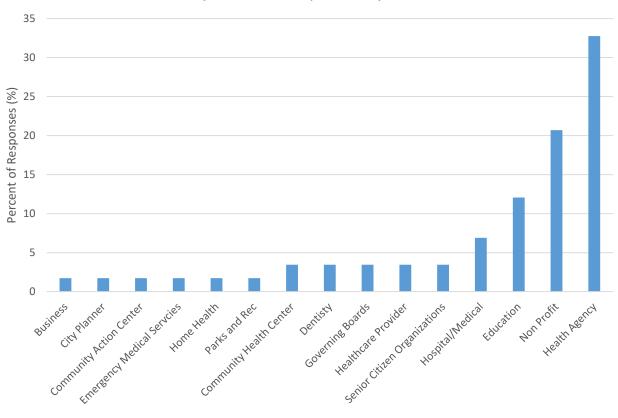
The LPHSA team met three times to discuss and brainstorm the strengths and weaknesses of the Public Health System and answer the questions of

- What are the components, activities, competencies, and capacities of our local public health system?
- How are the Essential Services being provided to our community?

The LPHSA team utilized the following process to complete the assessment:

- 1) Review of the Local Public Health Status Assessment (1 meeting)
- 2) Brainstorming session of additional community members to invite to the assessment (1 meeting)
- 3) Discussion of the best way to ensure equal participation in results
- 4) LPHSA survey developed and sent to all participants
- 5) Results tallied and shared with LPHSA group (1 meeting)

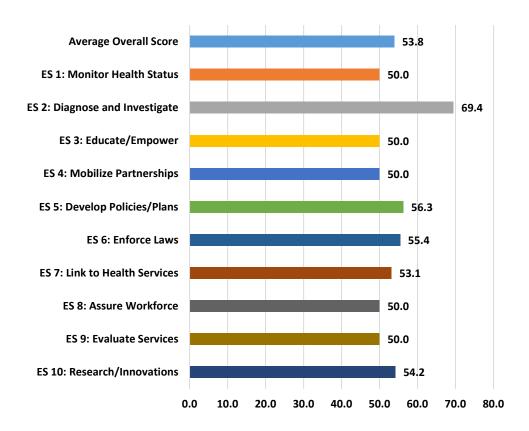
Local Public Health Assessment Survey Results Proportion of Responses by Sector



Summary / Results

After reviewing the results of the LPHSA, services with strong performances and services with lesser performances were identified. The following results represent those areas:

Summary of Average Essential Services Performance Score



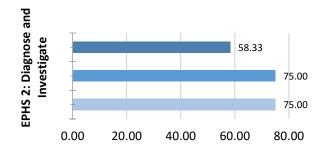
The areas in which Macomb County provides services the best are:

Essential Service 2: Diagnose and investigate health problems and health hazards in the community

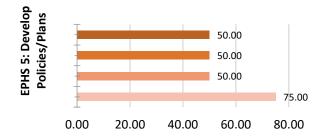
Essential Service 5: Develop policies and plans that support individual and community health efforts

Essential Service 6: Enforce laws and regulations that protect health and ensure safety

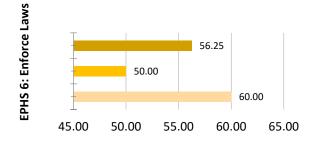
Essential Service 10: Research for new insights and innovative solutions to health problems



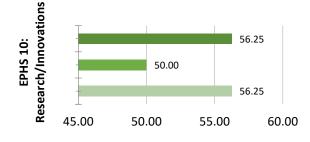
- 2.1 Identification and Surveillance of Health Threats
- 2.2 Investigation and Response to Public Health Threats and Emergencies
- 2.3 Laboratory Support for Investigation of Health Threats



- 5.1 Governmental Presence at the Local Level
- 5.2 Public Health Policy Development
- 5.3 Community Health Improvement Process and Strategic Planning
- 5.4 Plan for Public Health Emergencies



- 6.1 Review and Evaluation of Laws, Regulations, and Ordinances
- 6.2 Involvement in the Improvement of Laws, Regulations, and Ordinances
- 6.3 Enforcement of Laws, Regulations, and Ordinances



- 10.1 Fostering Innovation
- 10.2 Linkage with Institutions of Higher Learning and/or Research
- 10.3 Capacity to Initiate or Participate in Research

The Essential Services in which Macomb County still has room for improvement are:

Essential Service 1: Monitor health status to identify community health problems

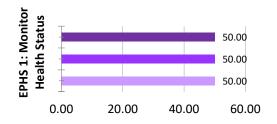
Essential Service 3: Inform, educate, and empower people about health issues

Essential Service 4: Mobilize community partnerships and action to identify and solve health problems

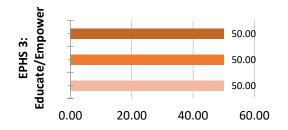
Essential Service 7: Link people to needed personal health services and assure the provision of health care when otherwise unavailable

Essential Service 8: Assure competent public and personal health care workforce

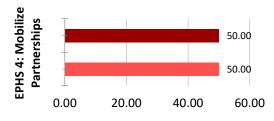
Essential Service 9: Evaluate effectiveness, accessibility, and quality of personal and population-based health services



- 1.1 Population-Based Community Health Assessment
- 1.2 Current Technology to Manage and Communicate Population Health Data
- 1.3 Maintenance of Population Health Registries



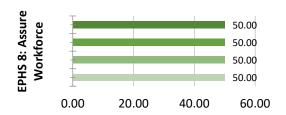
- 3.1 Health Education and Promotion
- 3.2 Health Communication
- 3.3 Risk Communication



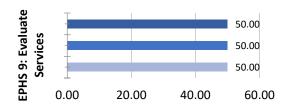
- 4.1 Constituency Development
- 4.2 Community Partnerships



- 7.1 Identification of Personal Health Service Needs of Populations
- 7.2 Assuring the Linkage of People to Personal Health Services



- 8.1 Workforce Assessment, Planning, and Development
- 8.2 Public Health Workforce Standards
- 8.3 Life-Long Learning through Continuing Education, Training, and Mentoring
- 8.4 Public Health Leadership Development



- 9.1 Evaluation of Population-Based Health Services
- 9.2 Evaluation of Personal Health Services
- 9.3 Evaluation of the Local Public Health System

Conclusion

Overall, Macomb County scored in the Significant Activity category for the assessment of services. However, while the LPHSA demonstrated that some of 10 Essential Serviced provided in Macomb County fall within the Significant Activity category many also fall within the Moderate Activity category. None of the 10 Essential Services were rated as Optimal, Minimal or No Activity.

These results indicated that room for improvement exists within each of the 10 Essential Services provided in Macomb County.

In addition, discussion at the LPHSA meetings identified several recurring issues:

- 1) Need for more integration among leaders of County programs and services
- 2) Lack of knowledge about public health programs and services offered at agencies and partners in Macomb County
- 3) The lack of knowledge at these partnering agencies directly correlates to the lack of knowledge within the resident of our community surrounding available public health programs and services

Community Members Who Participated

Advantage Health Center

Javar Jackson

Beaumont Health System

Julie Kitchen

CARE of Southeastern MI

Paddy Laske

Henry Ford Health System

Kaylia Miehlke

Jill Yore

Macomb Community Action

Katherine Benford

Macomb County Community Mental Health

Sue Gough

Macomb County Health Department

Jenny Gubler

Whitney Litzner

Bill Ridella

Niki Ross

Ricki Torsch

Macomb County Medical Control Authority

Luke Bowen

Debbie Condino-Bell

McLaren Macomb

Maureen Decker

MIHP – My Pregnancy Coach

Amy Fratarcangeli

MyCare Health Center

Darlene Vasi

FORCES OF CHANGE ASSESSMENT

Assessment Methodology

The FOCA team met four times to brainstorm forces, trends, factors and events that answer the questions:

- What is occurring or might occur that affects the health of our community or the local public health system and
- What specific threats or opportunities are generated by these occurrences?

The FOCA team utilized the following process to complete the assessment:

- 1) Review of the Forces of Change Assessment
- 2) Forces of Change categories were revealed to assessment team
- 3) Brainstorming session of forces of change that fall into the specific categories, or forces of change that may fit in an additional category (1 meeting)
- 4) Committee members evaluated each force of change and identified potential threats and opportunities for the community and local public health system. (3 meetings)
- 5) Assessment team members then selected the most prominent forces of change that had been discussed in the prior meetings. Survey Monkey was also used to gather additional votes from individuals who could not attend during the voting process
- 6) The forces of change with the most votes were ranked as the most prominent forces and submitted to the Steering Committee for review for the Community Health Improvement Plan

Executive Summary

After brainstorming, discussion and voting the FOCA team was able to identify eight priority forces to present to the Steering Committee. These eight priority issues are:

- Growing Aging Population
- Violence
- Growing Immigrant Population
- Increased Disease/Chronic Disease
- Increased Substance Abuse
- Cost of Healthcare
- Cost of Education
- Climate Change

These eight priority areas will be discussed in further detail on the following pages. For each priority issue that has been identified, the related threats and opportunities that have been identified are listed.

Following the list of identified forces and their matching threats and opportunities is the full summary of voted on forces from the initial brainstorming session, along with the amount of vote each of these forces received.

Priority Forces of Change

GROWING AGING POPULATION

Threats Posed to the Community

- Higher healthcare costs
- Less kids for the schools/decrease in population
- Alzheimer's will have a large effect on this population
- Strains on caregivers (parents caring for kids and parents)
- Aging in place
- Economics and Social Security

Opportunities Created for the Community

- More volunteerism
- Encore careers
- Stable neighborhoods
- Aging in place
- Create individuals/volunteers to visit seniors
- Need for home help program

VIOLENCE

Threats Posed to the Community

- Perception of fear
- Large crowds
- Desensitized to violence
- Value of life is less
- Lack of reinforcement that it's wrong
- Core values being compromised on what we teach our children
- Media sensationalizes violence
- Is becoming more like entertainment

Opportunities Created for the Community

- Mental health services
- Opportunity for education on violence
- Find ways to instill values in youth
- Collaboration on all fronts to make a difference

COST OF HEALTHCARE

Threats Posed to the Community

- Less access to medications
- Increase of ER visits vs. primary/preventive care
- Making choices of healthcare versus dinner

Opportunities Created for the Community

- Identify programs that help with payments for bills
- Provide education to talk about true healthcare costs
- Providing education to address healthcare programs for prevention
- Utilizing the Right Connection pamphlet
- Utilizing more Community Health Workers
- Better connections with nonprofits and community health centers to identify and address health needs
- Opportunity for more FQHCs in Macomb County

GROWING IMMIGRANT POPULATION/DEMOGRAPHIC CHANGES

Threats Posed to the Community

- Lack of immigration services
- Services not provided in enough languages (nearly 177 different languages spoken in Macomb County Schools)
- Less students in school districts
- More immigrant students in schools
- Lack of medical professionals that speak the languages
- Lack of interpreters
- Gender bias

Opportunities Created for the Community

- Increased diversity in community
- Get more bilingual individuals working in the organizations/state/schools/etc.
- Opportunity to create a welcoming group to Macomb County
- Immigrants are good workers more likely to hold a job
- Healthcare organization can partner with ECBO's
- Utilize ONE Macomb more in the county for educational opportunities
- Neighborhood stabilization for immigrant populations
- Tap into more faith based organizations
- Need for more ESL programs in schools
- Cultural diversity programs opportunity for more events in schools and communities

INCREASED DISEASE/CHRONIC DISEASE

Threats Posed to the Community

- Chronic disease utilizes a lot of resources (doctors, time, costs)
- Hard to get PCPs to refer clients
- Perspective shifting to wellness
- Emergency room admissions
- These are long term concerns (not things that can change overnight)
- Less physical activity among youth
- Shortened recess
- Lack of physical activity in schools
- Access to healthy food

Opportunities Created for the Community

- Opportunity to provide more education and opportunities in the community (diabetes programs, etc.)
- Evidence based curriculums
- Opportunity to change verbiage to positive versus negative presentation
- Opportunities for education on mental health

COST OF EDUCATION

Threats Posed to the Community

- Reduced opportunity for low and middle income families to graduate college
- Less educated society

Opportunities Created for the Community

- Identifying scholarship opportunities
- Making more lists of local scholarships
- Making a centralized scholarship program
- Identifying job opportunities for high school scholarships
- Push for more dual enrolled students

INCREASED SUBSTANCE ABUSE

Threats Posed to the Community

- Increase in drug deaths
- Increase in drug use
- Rise in prescription drug use
- Increase in multiple drug use
- Increase in driving crashes
- Low perception of risk
- Prenatal use creates long term damage and cost to society
- Increase in crime
- Increase in dropout and expulsion rates
- Increase in health care needs
- Not enough services available for substance abuse

Opportunities Created for Community

- Education for parents
- Education for providers
- Opportunity to provide more resources and opportunities for providers to make better referrals
- Opportunity Rx community based programming

CLIMATE CHANGE / NATURAL RESOURCES, GREEN INITIATIVES, AIR POLLUTION

Threats Posed to the Community

- Introduction of new diseases
- Chronic respiratory illness
- Asthma increases/concerns
- Concerns about homelessness and severe weather alerts
- How to address individuals with handicaps in times of severe weather

Opportunities Created for the Community

- Resilient Macomb Project
- Create a coalition to address climate change
- Education opportunity in schools especially with younger kids
- Public Works ENV educations utilize more frequently
- LEED Design education in schools
- Community education groups to address recycling

Prioritization of Forces Results of Voting/All brainstorming

Social		
Growing Aging Population	14	
Violence	13	
Growing Immigrant Population/Demographic	13	
Homelessness	6	
Transportation	4	
Health Related		
Increased Disease/Chronic Disease	12	
Increased Substance abuse	11	
Health System Changes	6	
Prenatal Care	4	
E Cigarettes	3	
Economic		
Cost of Healthcare	11	
Cost of Education	10	
Lower Employment	7	
Environmental		
Climate Change	10	
Flood/Flood Concerns	1	
Technological		
Social Media	8	
Increased use of tech for activities	7	
Electronic Health Records	6	
Legal		
Immigration Issues	6	
Open Carry / Weapons	5	
Education		
School Safety	6	
Schools of Choice	1	
Scientific		
Vaccines	6	
Other		
Built Environment	4	

Appendix: Summary of Forces of Change Brainstorming

Macomb County Community Health Assessment Forces of Change Subcommittee Brainstorming Results

Forces of Change	Threats Posed to the Community	Opportunities Created for the Community
(Trend, Events,		
Factors)		
Social		
Homelessness	 Increase causes more homeless students Definition of homeless (leaving their home because of mold, flooding, etc) Hard to find people who keep moving around/can't address health issues when they aren't in the same place all the time Mental health issues are a portion of the homeless population Lack of data - threat 	 Creating stability for students Transportation Services can be improved/better opportunities for transportation Title 1 Funding for transportation Provision of funding for more transportation Creating more partnerships to find funding to address homelessness in the community Loss of family homes - possibility to find more family homes - improve the system, be able to track individuals Database creation of homeless population and services provided/identification of homeless families (who are they/where are they) Finding more resources to address the issue in Macomb County Program creation for education and address the literacy levels/budgeting programs/etc. Bridges out of Poverty
Growing Aging Population	 Higher healthcare costs Less kids for the schools/decrease in population Alzheimer's will have a large effect on this population Strains on caregivers (parents caring for kids and parents) Aging in place Economics and Social Security 	 More volunteerism Encore careers Stable Neighborhoods Aging in place Create individuals/volunteers to visit seniors Need for home help program
Growing Immigrant Population/ Demographic Changes (People moving out of county/state)	 Lack of immigration services Services not provided in enough languages - many years ago over 177 languages Less Students in school districts More immigrant students in schools Lack of medical professionals that speak that language 	 Increased diversity in community Get more bilingual individuals working in the organizations/state/schools/etc. Opportunity to create a welcoming group to Macomb County Immigrants are good workers - more likely to hold a job. Healthcare organizations can partner with ECBO's.

	Lack of interpretersGender bias	 Utilize ONE Macomb more in the county for educational opportunities Neighborhood stabilization for immigrant populations Tap into more faith based organizations Need for more ESL programs in school Cultural diversity programs - opportunity for more events in schools and communities
Transportation	 Isolation-not required to go outside because of the living situations now Lack of ability to get to health services Lack of ability to go outside of specific areas (i.e., only go to senior center in one location) Reliability (definition: bus, car, gas, shared ride) Curb to curb is not affordable Lack of education on availability of resources 	 Access to recreation and Community Centers Opportunities to build stronger communities EMS agencies used for transportation/different level of service being provided Medicare provide transportation services (long term) Use of technology - can agencies purchase technology to help with transportation Curb to curb is available - better way to find it?
Violence	 Perception of Fear Large Crowds Desensitized to violence Value of life is less Lack of reinforcement that it's wrong Core values being compromised on what we teach our children Media sensationalizes violence Is becoming more like entertainment 	 Mental health services Opportunity for education on violence Find ways to instill values in youth Collaboration on all fronts to make a difference
Economic		
Lower	 Low income /Increased Poverty Increased Commute times Decreased federal budgets and funding Technology taking jobs Individuals not trained on finances Lack of opportunity for middle aged folks Lack of programs with Michigan Prisoner Re-Entry 	 Opportunity for educational opportunities and certifications Increased partnerships with schools - internship opportunities College sponsorships Businesses creating partnerships with schools Career Technological Education opportunities are increasing - get the community Education/employment days at schools Refocus on different training opportunities Make a commitment to livable wages Financial literacy education Older adults re-enter workforce in different ways to share education/experience/opportunities/volunteerism Mentoring opportunities

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Cost of education	 Reduced opportunity for low and middle income families to graduate 	Identifying scholarship opportunitiesMaking more lists of local scholarships
	college	Making more lists of local scholarships Making a centralized scholarship program
	Less educated society	Identifying job opportunities for high school
	Less educated society	scholarships
		Push for more dual enrolled students
Cost of healthcare	a Loss cosses to madications	
Cost of healthcare	Less access to medications	Identify programs that help with payment for for bills
	Increase of ER visits vs	Provide education to talk about true healthcare costs
	primary/preventive care	Providing education to address health care programs
	Making choices of healthcare	for prevention
	versus dinner	Utilizing the Right Connection pamphlet
		Using the community paramedic group
		Utilizing more Community Health Workers
		Better connections with nonprofits and community
		health centers to identify and address health needs
		Opportunity for more FQHCs in Macomb County
Technology	T	
Increased use in	Leads to misinformation in regards	Opportunity for more mobile websites (i.e. Health
technology for	to health	Department)
activities	Parenting Techniques	Opportunity for training in health education
		Opportunity for health department to provide certified
		websites on health topics/provide accurate health
		listings/health education sites/resources
		Opportunity to use technology for more program
		updates and better outreach - tie this into other
		programs other organizations
		Opportunity to change BRFSS
Social Media	Cyber bullying	Having legitimate sources send out information through
	Expectations leading to stress	social medias
	(response time)	Utilizing social media and online resources to provide
	Lack of community involvement	more live chat options
	Decreased family support	Using social media to remind people to check their
	Lack of connectedness between	health records/patient portals
	person to person	Schools already use portals for parents to check on
	Disconnect on social media - not	children's grades - good opportunity to expand this into
	everyone uses it	other organizations
Electronic Health	Each provider/hospital uses	More organizations using EHR
Records	different EHR system	Education process on using these systems and portals
	Hard to link people on EHR systems	Opportunity for doctors/hospitals/clinics to actually
	without a SSN	create accounts for people to use the portals instead of
	There's an age difference and not	having the people do it themselves
	all users can use the patient portals	Utilizing school portals to better do outreach and
		education consumers in the community about
		upcoming things in the county (i.e., flu shots, checking
		your health records)
Scientific		

Vaccine	 Increase in Vaccine preventable Disease Vaccination Waiver Is the vaccine waiver the best use of the health department's time 	 Increase in Vaccine of preventable Disease (??) Opportunities for grant opportunities to educate on immunizations
Immigration Issues	 Populations that are functionally disenfranchised Lack of services provided for these Lack of trust in communities 	 Opportunity for cultural changes and diversity Opportunity to provide multicultural/multilingual services out in the field Opportunity to build trust in the communities Opportunity to train service providers on differences in immigration status Providing id cards for undocumented individuals
Open Carry/Weapons Health Related	 Increase opportunity for misuse/death/injury Increase in crime rates Increase in opportunity for youth access Making a constitutional change is a difficult and long process Violence is desensitized Open carry/concealed weapons in schools a concern 	 Provide mental health screening before purchases Opportunity to address mental health issues Parental education and school youth education on health, stress, and opportunities Providing more in work office videos about office safety and how to evacuate if needed
Health System Changes	 Immigrants not covered Increase of health insurance coverage Rise in medication costs Lack of use in insurance Lack of Healthcare Providers Health education Access to healthcare lack of interpretation available regarding health system changes services are being reduced that are provided by hospitals 	Coverage to Care
Increased Disease/Chronic Disease Diabetes Depression Food allergies Obesity	 Chronic diseases suck up a lot of the resources (doctors, time, costs) Hard to get PCPs to refer clients Perspective shifting to wellness Emergency room admissions 	 Opportunity to provide more education and opportunities in the community (diabetes programs, etc) Evidence based curriculums Opportunity to change verbiage to positive versus negative presentation Opportunities for education on mental health

Increased Substance Abuse Marijuana Laws	 Increase Drug Deaths Increase in Drug Use Rise in prescription abuse Increase in poly drug use Increase in Driving crashes Low perception of risk Prenatal use creates long term damage and cost to society Increase in Crime Increase in dropout and expulsion rates Increase in health care needs Not enough services available for substance abuse 	 Education for parents Education for providers Opportunity to provide more resources and opportunities for providers to make better referrals Opportunity Rx community based programming
E-cigarettes	 Increase in teen nicotine use Also used for THC and synthetic drugs as well as nicotine Increase use in public areas increase in nicotine poisoning in children and elderly because there's no safety cap 	 Opportunity to push for more legislation as a 'tobacco product' Needs to be more education about e-cigarettes Health department/steering committee can write a letter in support of education and legislation
Prenatal Care	Access to prenatal careIncrease in Preterm birth rate	 Utilize a MIHP program more frequently More referrals to WIC program in Macomb County Increased collaboration
Environmental	1	
Climate Change Natural Resources Green initiatives Air pollution	 Introduction of new diseases Chronic respiratory illness Asthma increases/concerns Concerns about homelessness and severe weather alerts (?) How to address individuals with handicaps in times during severe weather (i.e., deaf individuals during tornado siren) 	 Resilient Macomb Project Create a coalition to address climate change Education opportunity in schools especially with younger kids Public Works - ENV educators - utilize more frequently LEAD design education in schools Community education groups to address recycling
Flood/Flood Concerns	 Mental health plays a huge role in this Destruction of entire homes in Macomb County Pollution concerns - in home and in local water supplies Soil erosion Safety issues 	 Social assistance call lines to address issues and/or mental health issues caused by flood More education about flooding More education about not putting materials in the storm drain Improving infrastructure (bad roads, bad systems under the roads)
Schools of choice	 Lack of community connections Reduced funding for low SES districts "have nots" have less 	 Can bring diversity to the schools (sometimes) Consolidation of school districts Access to healthcare services

School Safety	Funding diversion from possibly more needed resources to be put into school safety funding (i.e., funds from textbook purchases)	 Maintain school drills/increase school drills Finding a way to better educate and prepare students for issues - especially something like Active Shooter - don't just do the drill but prepare students on how to address the mental implications Parent education on safety training Continuing to have strong partnerships with local police Increased opportunity for communication with schools and parents (notification systems, phone calls, etc)
Other		
Built Environment	 Building Construction not conducive to children Road Conditions Neighborhood Safety Lack of Sidewalks 	 More LEED design Planning for communities (i.e., planning committees, etc) Planning for green space

Community Members Who Participated

Advantage Health Center

Roxanne McDuffie

Beaumont Health System

Julie Kitchen

Chippewa Valley Schools

Don Brosky

Great Start Macomb

Lisa Sturges

Henry Ford Health System

Ameldia Brown Pat Coppola Julia Huck

Judson Center

Melissa Savage

Macomb Community Action

Katherine Benford

Joe Cooke

Macomb County Community Mental Health

Sue Gough

Macomb County Health Department

Andrew Cox Michele Ford Steve Gold Jenny Gubler Sherry LaBelle Steve Lichota Whitney Litzner Erika Lojko Ashley Mascagni

Angela Prince-May Bill Ridella

Niki Ross

Ricki Torsch Lauren Scipione Maria Swiatkowski

Cheryl Woods

Krista Willette

Macomb County Medical Control Authority

Luke Bowen

Debbie Condino-Bell

Macomb County Office of Substance Abuse

Dawn Radzioch

Macomb County Sheriff

Walter Zimny

Macomb County Veteran Services

Laura Rios

Macomb Family YMCA

Rheanne Suszek

Macomb Intermediate School District

Mary Lebioda

Michigan Department of Health and Human Services

Linda Girolamo Valerie Nunn

Smart Bus

Fred Barbret

St. John Providence Hospital

Karen Beger

Utica Community Schools

Steve Bernier

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COMMUNITY HEALTH STATUS ASSESSMENT

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Assessment Methodology

The CHSA team met three times to gather quantitative data on health status, quality of life and risk factors that answered the questions:

- How healthy are our residents?
- What does the health status of our community look like?

The CHSA team utilized the following process to complete the assessment:

- 1) Review of the Community Health Status Assessment (1 meeting)
 - a. Overview of the data collection
 - b. Current status of Macomb County
 - c. Review of the indicators needing to be addressed
- 2) Data indicators were distributed among group members based on each person's specialty. (2 meetings)
- 3) Data was collected from team members, organized in a workbook, and then shared with the group.
- 4) CHSA members identified areas where Macomb County was comparatively doing better, worse or about the same as a benchmark either the State of Michigan or Healthy People 2020. (1 meeting)
- 5) Committee members then identified areas of focus where Macomb County needs to be continuing to improve the health status of community members. These results were shared with the Steering Committee for review for the Community Health Improvement Plan.

About the Data

Unless otherwise stated, statistics and rates are from 2015 estimates. These estimates are either from surveys specifically collected in 2015, or contain averages from a 3 or 5-year range (Michigan Behavioral Risk Factor Surveys, 2013-2015).

Results

Benchmark Comparisons

The CHSA team narrowed 221 indicators down to a list of 67 indicators with benchmarks. The benchmarking comparison process resulted in the indicators being grouped as listed below:

- 30 indicators were better than the benchmark
- 18 indicators were about the same as the benchmark
- 19 indicators were worse than the benchmark

After reviewing the data and having group discussions about what was presented and available, the committee narrowed the themes and indicators down to four themes and 16 indicators. The CHSA team voted to finalize these themes and indicators.

Recommendation: the themes and indicators selected by the committee area shown below and are being recommended to the Steering Committee for consideration in the identifying strategic issues phase.

Four Theme Indicator Analyses

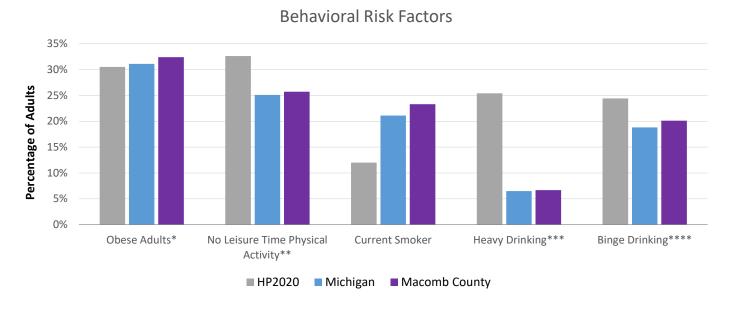
Behavioral Risk Factors Weight Status Physical Activity Tobacco Use Fruit and Vegetable Consumption Drug Use	Maternal and Child Health Low Birthweight Infant Mortality Prenatal Care Pregnancy and Tobacco Use
Chronic Disease Cardiovascular Disease High Blood Pressure Cancer Stroke	Access to Care Healthcare Access No coverage No selected provider

Supporting Data

Behaviors

Health isn't solely related to bacteria and the immune system: actions and personal characteristics, such as poor diet and physical inactivity, can greatly contribute to generating disease or exacerbating existing conditions. Health promotion should focus on both the proximal and distal causes of diseases. Social and behavioral theories and models can improve individual practices for a wide variety of populations and problems.

While many indicators are relative to behavioral risk factors, the following data pieces helped to determine the theme of Behavioral Risk Factors. All of these indicators are negative: lower population percentages are preferred. As shown in the data below, Macomb County has higher rates of obese adults and current smokers, and are far from the Healthy People 2020 target levels. However, the county rates of heavy drinking, binge drinking, and lack of leisure time have successfully surpassed the Healthy People 2020 objectives.



Source: 2013 - 2015 Michigan BRFS Regional and Local Health Department Estimates, Healthy People 2020

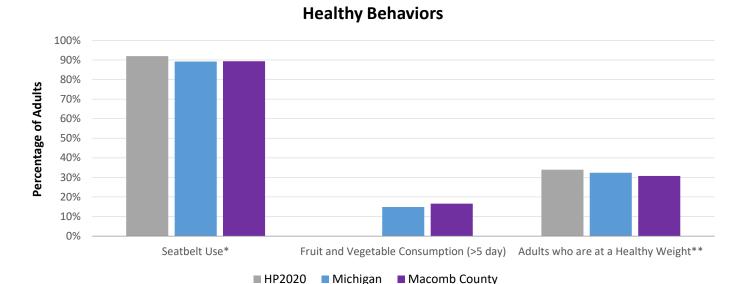
It is just as important to boost positive behaviors as it is to discourage risky actions. For these positive indicators, higher values are desirable. Macomb County (31%) is slightly worse than Healthy People 2020 target (33.9%) and the State of Michigan rate (32.4%) for adults who are at a Healthy Weight. While only 16.6% of adults report adequate fruit and vegetable consumption in the county, it is on par with that of Michigan. Fortunately, Macomb County (89.4%) exceeds the Michigan rate (89.2%) for adults who use seatbelts on a regular basis, although it still has a ways to go before it reaches the HP2020 goal of 92%.

^{*} The proportion of adults whose BMI was greater than or equal to 30.0.

^{**} The proportion of adults who reported not participating in any leisure time physical activities or exercises such as running, calisthenics, golf, gardening, or walking during the past month.

^{***} Among all adults, the proportion who reported consuming an average of more than two alcoholic drinks per day for men or more than one per day for women in the previous month.

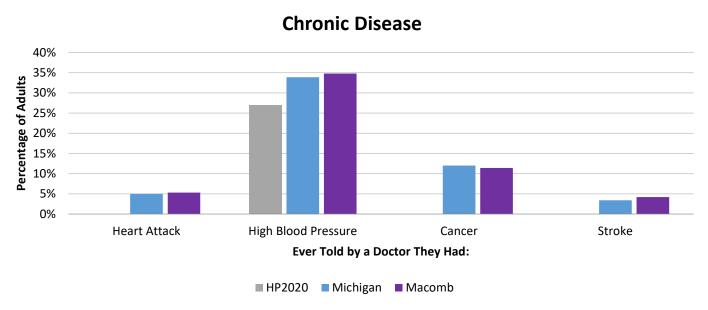
^{****} Among all adults, the proportion who reported consuming five or more drinks per occasion (for men) or 4 or more drinks per occasion (for women) at least once in the previous month.



Source: 2013 - 2015 Michigan BRFS Regional and Local Health Department Estimates, Healthy People 2020

Disease & Death

Macomb County continues to have a higher incidence and mortality for heart disease, cancer, and stroke. In all areas, Macomb had significantly higher rates compared to the State of Michigan and HP2020 where applicable. Proportionately, more Macomb adults have been informed of having high blood pressure (34.8%) or a stroke (4.2%) compared to the State of Michigan (33.9% and 3.4%, respectively). Incidence or awareness of cancer was the only category in which Macomb (11.4%) had a smaller population proportion than the state (12%).

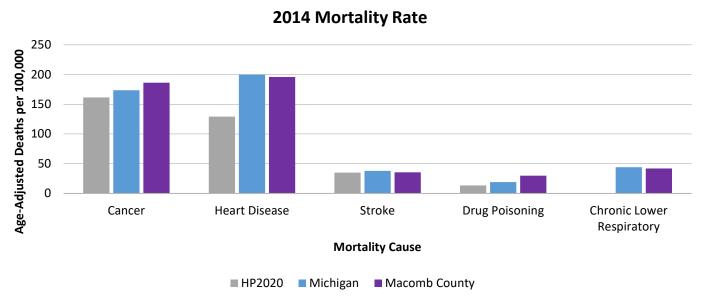


Source: 2013 - 2015 Michigan BRFS Regional and Local Health Department Estimates, Healthy People 2020

^{*} The proportion of adults who reported always using a seatbelt when driving or riding in a car.

^{**} The proportion of adults whose BMI was greater than or equal to 18.5, but less than 25.0.

Macomb County has a higher age-adjusted mortality than both the HP2020 benchmark and Michigan State for cancer and drug poisoning. HP2020 recommends a target of 13.2 deaths per 100,000 people due to drug poisoning; Macomb in 2014 reported 29.8 deaths – a rate 225% higher. While Michigan itself has a higher rate (18.9 deaths per 100,000), Macomb is far and away suffering the greatest due to drug poisoning; Macomb's rate of drug poisoning deaths is 1.6x higher than the state rate, and 2.6x higher than the HP2020 objective.



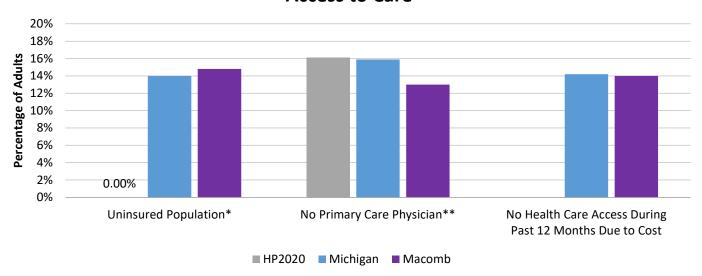
Source: Michigan Department of Health and Human Services, Vital Records & Health Statistics, Single Year Average Age-adjusted Mortality Rates 2014, CDC WONDER 2014, Healthy People 2020

Access to Care

Access to care has been repeatedly recognized as having a great influence on other health behaviors and conditions, especially those also identified in the Community Health Assessment. Lacking insurance can have drastic effects on health. Research has repeatedly demonstrated that the uninsured are less likely than those with insurance to receive preventive care and services for major health conditions and chronic diseases, leading to expensive hospital bills and outcomes down the road.

The latest Michigan Behavioral Risk Factor Survey identified that 14.8% of Macomb County adults were uninsured, and 13% of residents do not have a usual care provider. The high cost of medical treatment prevented 14% of adults from seeing a doctor when needed. The CHSA team decided to focus on Access to Care because the goal of having an insured population is 100% as set by Healthy People 2020, and Macomb County is still working on reaching that goal. While Macomb is doing better than the State of Michigan in some categories of Access to Care, there are still a few areas that Macomb County can continue to improve in such as No Health Care Access during the Past 12 Months.

Access to Care



Source: 2013 - 2015 Michigan BRFS Regional and Local Health Department Estimates, Healthy People 2020

Women and Infants

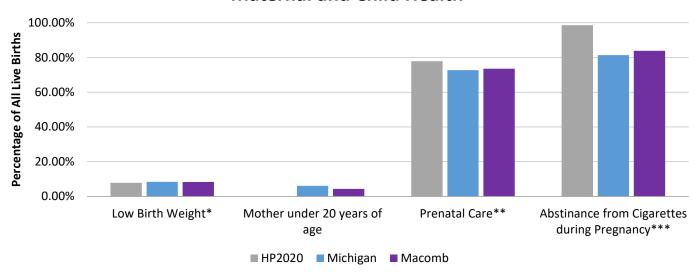
Infant mortality rate is often used as an indicator to measure the health and well-being of a nation or community, because factors affecting the health of entire populations can also impact infant mortality. Similarly, maternal health and pregnancy characteristics are important gauges to track. Low birth weight is a negative indicator: babies born at a low weight are at a higher risk for disease, disability, and death. Teenage pregnancy can be dangerous for both the mother and the child due to socio-economic reasons and a lack of stable support – it too is a negative indicator, where a lower rate is preferred. In contrast, early entry into prenatal care and abstinence from substance use (e.g., alcohol and cigarettes) are positive indicators – higher numbers are desired.

While Macomb County is doing relatively similar or better than the State of Michigan with respect to most MCH indicators, the CHSA team still decided to put focus on this category. The County does not meet HP2020 objectives for adequate prenatal care and cigarette abstinence, which may be associated with the higher neonatal (less than 28 days old) mortality compared to both the State of Michigan and HP2020 benchmark. Fortunately, Macomb County favorably achieves and goes past the HP2020 targets for post-neonatal mortality. Reducing premature births, low birth weight babies and infant deaths due to unsafe sleep practices is a continual goal in Macomb County. There is always room for improvement in areas of Maternal and Child Health.

^{*} Among adults aged 18-64 years, the proportion who reported having no health care coverage, including health insurance, prepaid plans such as HMOs, or government plans, such as Medicare.

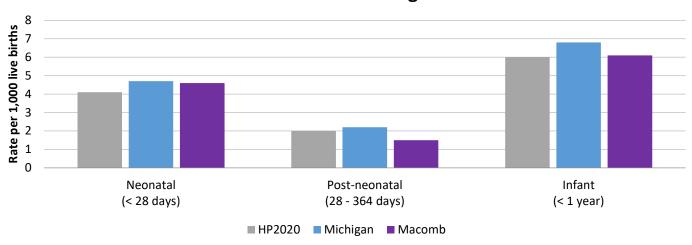
^{**} The proportion of adults who reported that they did not have anyone that they thought of as their personal doctor or health care provider.

Maternal and Child Health



Source: Michigan Department of Health and Human Services, Vital Records & Health Statistics 2014 Characteristics, Healthy People 2020

Infant Mortality, Macomb County Residents 2012-2014 Average



Source: Michigan Department of Health and Human Services, Vital Records & Health Statistics 2012-2014 Average, Healthy People 2020

^{*} Low weight births are less than 2,500 grams.

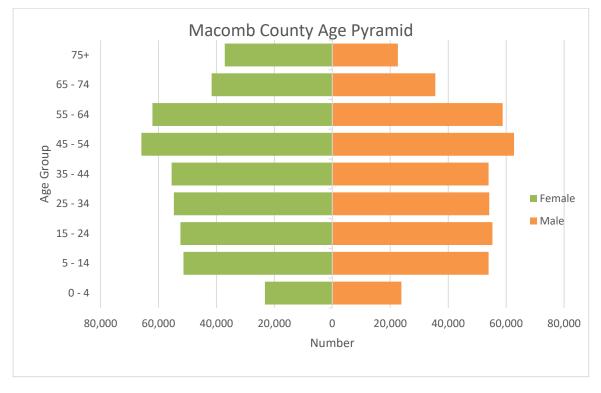
^{**} Received prenatal care during first trimester.

^{***} Mothers who smoked while pregnant where those who had a history of smoking, but never quit, plus those who quit at some point between estimated conception and birth date.

Macomb County Charts and Graphs

Demographics of Macomb County and Michigan					
	Michigan	Macomb County			
Total Population	9,922,576	864,840			
Male	49.10%	48.60%			
Female	50.90%	51.40%			
Age (in years)	Michigan	Macomb County			
<5	5.80%	5.40%			
5 -17	16.50%	16.20%			
18 - 64	61.90%	62.60%			
≥65	15.80%	15.80%			
Race/ Ethnicity	Michigan	Macomb County			
White	78.62%	81.99%			
Black or African American	13.89%	11.15%			
American Indian and Alaska Native	0.54%	0.31%			
Asian	2.95%	3.72%			
Native Hawaiian and Other Pacific Islander	0.04%	0.02%			
Some Other	1.21%	0.44%			
Two or More Races	2.74%	2.36%			
Hispanic or Latino	4.90%	2.53%			

Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

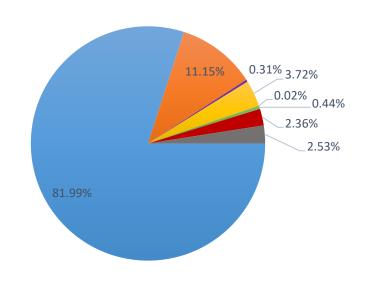


Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

Racial Composition of Macomb



- Black or African American
- American Indian and Alaska Native
- Asian
- Native Hawaiian and Other Pacific Islander
- Some Other
- Two or More Races
- Hispanic or Latino



Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

Socioeconomic Measures							
	Michigan	Macomb County					
Percent of Population below the poverty level	15.80%	11.70%					
Percent unemployment among those 16 yrs and older	7.20%	6.60%					
Number of households receiving food stamps/SNAP	580,043	44,357					

Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

Education Level*							
	Michigan	Macomb County					
Less than high school (including grades 9-12 without a diploma)	9.90%	10.80%					
High school graduate (includes equivalency)	29.40%	30.50%					
Some college or associate's degree	32.90%	35.00%					
Bachelor's degree or higher	17.00%	15.10%					
Graduate or professional degree	10.80%	8.60%					

Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

^{*}Among those aged 25 years and older.

Household Income						
	Michigan	Macomb				
Total Households	3,858,532	341,532				
Household Income	Percent of Ho	ouseholds				
Less than \$10,000	7.70%	5.60%				
\$10,000 to \$14,999	5.10%	4.20%				
\$15,000 to \$24,000	11.00%	10.10%				
\$25,000 to \$34,999	10.60%	11.00%				
\$35,000 to \$49,000	14.40%	14.20%				
\$50,000 to \$74,999	18.70%	19.50%				
\$75,000 to \$99,999	12.00%	12.80%				
\$100,000 or more	20.50%	22.60%				

Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

Percent Below Poverty Level						
Year	Michigan	Macomb				
2012	17.40%	12.40%				
2013	17.00%	13.30%				
2014	16.20%	12.20%				
2015	15.80%	11.70%				

Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

Housing				
	Michigan	Macomb		
Housing Tenure:				
Owner-Occupied	70.40%	71.70%		
Renter-Occupied	29.60%	28.30%		
Selected Monthly Owner Costs as a Percentage of Household Income				
With a Mortgage:				
Less than 20.0 percent	49.90%	50.40%		
20.0 to 24.9 percent	15.10%	15.20%		
25.0 to 29.9 percent	9.90%	10.00%		
30.0 to 34.9 percent	6.40%	6.70%		
35.0 percent or more	18.80%	17.60%		
Without a Mortgage:				
Less than 10.0 percent	39.50%	36.70%		
10.0 to 14.9 percent	20.50%	22.90%		
15.0 to 19.9 percent	12.40%	15.20%		
20.0 to 24.9 percent	7.20%	6.20%		
25.0 to 29.9 percent	5.10%	4.50%		
30.0 to 34.9 percent	3.40%	3.40%		
35.0 percent or more	12.00%	11.00%		
Gross Rent as a Percentage of Household Income				
Less than 15.0 percent	13.40%	11.90%		
15.0 to 19.9 percent	12.60%	11.40%		
20.0 to 24.9 percent	12.30%	12.30%		
25.0 to 29.9 percent	11.70%	13.80%		
30.0 to 34.9 percent	8.70%	9.60%		
35.0 percent or more	41.30%	41.00%		

Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

Population with Limited English Proficiency						
	US Michigan Macomb Count					
	Percent Population					
Speak a language other than English at home	21.50% 9.50% 13.90%					
Speak English less than "very well"	8.60%	3.40%	6.30%			

Source: U.S. Census Bureau, 2015 American Community Survey 1-Year Estimate

^{*} Population with limited English Proficiency represents the percentage of the population aged 5 and older who speak a language other than English at home and speak English less than "very well."

Top Ten Leading Causes of Death in Macomb County, Age-Adjusted Rates per 100,000										
		All Race	es		White			Black		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	
1. Heart Disease	196	240.9	160.6	196	244.6	157.2	224.1	200	233.8	
2. Cancer	186.1	219.4	163.4	186.8	220.5	164.1	186	212.1	166.5	
3. Chronic Lower Respiratory Diseases	42	45.3	40.4	42.1	46	40.2	45.5	•	•	
4. Stroke	35.5	39.2	33	34.5	39	31.4	36.3	•	•	
5. Unintentional Injuries/ Accidents	46.2	66.5	27.6	49	70.6	28.6	39.1	51.3	•	
6. Alzheimer's Disease	24.2	18.6	27.3	24.4	18.4	27.7	•	•	•	
7. Diabetes Mellitus (Type 2)	27.1	35.6	20.7	25.1	32.7	19.2	58.6	•	•	
8. Pneumonia/Influenza	14.7	18.9	12.1	14.6	18.4	12.2	•	•	•	
9. Kidney Disease	14.1	14.8	13.7	14.2	14.8	14	•	•	•	
10. Intentional Self-harm (Suicide)	13.3	20	7.1	15.4	22.9	8.1	•	•	•	

Source: 2014 Michigan Death Certificate Registry. Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services; Population Estimate (latest update 9/2014), National Center for Health Statistics, U.S. Census Populations With Bridged Race Categories.

^{*} Age-adjusted Rates are per 100,000 population. The causes of death are listed in order of the 10 leading causes of death for Michigan residents in 2014.

^{*} indicates that the data do not meet standards of reliability or precision.

Rates of Years of Potential Life Lost Below Age 75 Due to										
Leading Causes of YPLL in Macomb County										
		All Races			White			Black		
Cause of Death	Total	Male	Female	Total	Male	Female	Total	Male	Female	
All Causes	9,297.6	11,433.3	7,209.1	9,285.0	11,490.3	7,088.5	10,874.4	12,987.3	9,059.3	
1. Malignant neoplasms	2,144.9	2,257.0	2,035.3	2,197.1	2,323.1	2,071.5	1,976.0	1,930.9	2,014.8	
2. Diseases of heart	1,439.3	2,057.1	835.1	1,469.1	2,130.7	810.1	1,550.1	1,964.7	1,194.0	
3. Accidents	1,465.6	2,069.6	874.9	1,527.3	2,178.6	878.5	1,328.5	1,653.4	1,049.3	
4. Intentional self-harm (suicide)	546.7	845.5	254.6	600.9	931.3	271.8	•	•	•	
5. Certain conditions originating in the perinatal period	407.3	418.6	396.3	290.2	265.4	314.9	1,251.5	1,710.8	857	
6. Assault (homicide)	194.4	313.6	77.8	85.1	117.1	•	1,081.5	2,006.1	•	
7. Chronic lower respiratory diseases	256.6	240.2	272.7	265.9	237.8	293.9	252.6	333	183.6	
8. Chronic liver disease and cirrhosis	246.4	326.4	168.2	268.9	358.2	179.9	115	•	•	
9. Diabetes mellitus	261.1	320.4	203.1	252.5	309.6	195.5	391.1	470.1	323.3	
10. Cerebrovascular diseases	236.6	248.3	225	217.6	236.3	198.9	362.5	318.9	400	
11. Congenital malformations, deformations and chromosomal abnormalities	178.2	181.6	174.9	174.7	194.8	154.6	•	•	•	
12. Influenza and pneumonia	96.8	85	108.3	99.5	89.7	109.2	109.1	•	134.2	
13. Septicemia	89.1	105.5	73.1	76.7	93.4	60	193.1	197.7	189	
14. Nephritis, nephrotic syndrome and nephrosis	79.5	89.9	69.3	73.1	79.7	66.6	151.8	207.3	104.1	
15. Viral hepatitis	43.5	61	26.4	42.5	57.6	27.6	•	•	•	
All Other Causes	1,611.5	1,813.4	1,414.1	1,644.0	1,886.8	1,402.2	1,654.8	1,550.1	1,744.1	

Source: Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services Population Estimate, 2010-2014

Note: The years of potential life lost (YPLL) below age 75 is a measure of mortality designed to emphasize mortality which is prevalent among persons under age 75. The number of years of potential life lost is calculated as the number of years between the age at death and 75 years of age for persons dying before their 75th year. Rates are per 100,000 population under 75 years of age.

The causes of death are listed in order of the 15 leading causes of YPLL for Michigan residents in 2014.

 $[\]bullet \colon$ A dot (\bullet) indicates that the data do not meet standards of reliability or precision.

Rates of Years of Potential Life Lost Below Age 75 Due to Certain Cancers, Firearm, Drug and Alcohol-related Deaths in Macomb County							
	,	All Races					
Cause of Death	Total	Male	Female				
1. Drug-induced deaths	1,167.90	1,566.00	778.6				
2. Malignant neoplasms of trachea, bronchus and lung	550.8	603	499.6				
3. Injury by firearms	372.4	635.6	115.1				
4. Alcohol-induced deaths	270.7	372.6	171				
5. Malignant neoplasm of breast	189.3	•	371.3				
6. Malignant neoplasms of lymphoid, hematopoietic and related tissue	187.6	229	147.2				
7. Malignant neoplasms of colon, rectum and anus	186.4	213.1	160.4				

Source: Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services Population Estimate, 2010-2014

Note: The years of potential life lost (YPLL) below age 75 is a measure of mortality designed to emphasize mortality which is prevalent among persons under age 75. The number of years of potential life lost is calculated as the number of years between the age at death and 75 years of age for persons dying before their 75th year. Rates are per 100,000 population under 75 years of age.

The causes of death are listed in order of the 15 leading causes of YPLL for Michigan residents in 2014.

•: A dot (•) indicates that the data do not meet standards of reliability or precision.

Leading Communicable Diseases Overall, Macomb County and Michigan						
	Macomb C	ounty	Michigan			
	Number of Cases	Rate	Number of Cases	Rate		
Chlamydia (Genital)	2,479.0	294.0	45,390.0	459.0		
Influenza	821.0	97.0	7,928.0	80.0		
Hepatitis C, Chronic	721.0	85.0	8,419.0	85.0		
Gonorrhea	476.0	56.0	9,766.0	98.0		
Hepatitis B, Chronic	390.0	46.0	2,352.0	23.0		
Chickenpox (Varicella)	88.0	10.0	713.0	7.2		
Campylobacter	86.0	10.0	1,156.0	11.0		
Pertussis	83.0	9.9	1,387.0	14.0		
Salmonellosis	75.0	8.9	1,057.0	10.0		
Shingles	50.0	5.9	491.0	5.0		

Source: Michigan Department of Health & Human Services, Michigan Disease Surveillance System, 2014

Top ten ranking order is for Macomb County only, based on confirmed and probable cases. Investigation Status includes Active, Canceled, Completed - Follow Up, New, Review, Superceded cases. Michigan cases are provided for comparison and are not ranked.

Rates are per 100,000 population using the 2010 census data estimates.

Maternal and Child Health						
	Reference	20	20	14		
	HP 2020	Macomb	Michigan	Macomb	Michigan	
		Rate per	1,000 Resident I	Population		
Live births	N/A	55.9	59.9	57.2	60.6	
		P	ercent Populati	on		
Mother under 20 years old	N/A	5.8	9.5	4.3	6.1	
Live births with prenatal care beginning in the first trimester	77.9	73.8	74.3	73.6	72.7	
Inadequate prenatal care (Kessner Index)	N/A	15.4	8.3	8.7	8.9	
Low birth weight	7.8	8.5	8.4	8.3	8.4	
Very low birth weight	1.4	1.7	1.7	1.4	1.5	
Very Preterm (prior to 32 weeks gestation)	1.8	2.0	2.2	1.8	2.2	
Live births (32 to 33 weeks gestation)	1.4	1.5	1.5	1.8	1.6	
Late preterm (34 to 36 weeks of gestation)	8.1	8.2	8.4	7.5	8.5	
Total Preterm	11.4	11.7	12.1	11.1	12.3	
Low-risk live births that were first birth Cesarean sections	23.9	20.6	18.8	18.5	17.5	
Women delivering a live birth who had a healthy weight prior to pregnancy	57.8	24.0	27.6	22.8	28.6	
Weight gained while pregnant for singleton moms was excessive	N/A	43.3	46.6	43.9	46.4	
Mothers who did not smoke while pregnant	98.6	80.1	80.4	83.9	81.4	
Breastfeeding not planned	N/A	27.1	25.9	22.5	20.0	
Breastfeeding planned	N/A	32.7	37.2	38.4	36.8	
Breastfeeding initiated	N/A	34.3	34.6	37.3	42.4	

Source: Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services, Natality

Infant Mortality					
	HP 2020	Macomb County	Michigan		
		Rate per 1,000 live births			
Infant mortality	6.0	6.1	6.8		
Neonatal mortality	4.1	4.6	4.7		
Post-neonatal mortality	2.0	1.5	2.2		

Source: Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services, Natality 2012 – 2014 Average

Natality Characteristics by Maternal Race								
	All	White	Black	American Indian	Asian & Pacific Islander	Other Races	Hispanic	Arab
Number of Live Births	114,460	84,492	21,282	601	3,835	4,138	7,625	4,744
Fertility Rate*	60.6	57.8	65	31.1	48.6	N/A	70	108

Source: Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services, Natality 2014 Characteristics

^{*} Rates are per 1,000 female population.

Macomb County Access to Care					
	Year				
	2012	2013	2014		
	Per	cent Pop	ulation		
Without insurance	11.4	11.4	10.5		
Health Coverage by Type*					
Private Health Insurance		72.8	73.0		
Private Health Insurance alone		57.0	57.1		
Employment-based health insurance		62.8	62.7		
Employment-based health insurance alone		51.7	51.5		
Direct-purchase health insurance		12.6	12.7		
Direct-purchase health insurance alone		4.9	5.2		
TRICARE/military health coverage		1.2	1.3		
TRICARE/military health coverage alone		0.4	0.4		
Public coverage		30.2	31.0		
Public coverage alone		14.1	14.6		
Medicare coverage		16.6	17.0		
Medicare coverage alone		2.7	2.9		
Medicaid/means-tested public coverage		16.0	16.4		
Medicaid/means-tested public coverage alone		11.2	11.5		
VA Health Care		1.4	1.5		
VA Heath Care alone		0.2	0.2		

Source: U.S. Census Bureau, 2010-2014 American Community Survey 5-Year Estimates

^{*} Percent Insured by Coverage Type; the denominator only contains Macomb residents who were recording as having insurance.

Mental Health				
	Michigan	Macomb	Year	
	Pe	Percent Population		
Poor mental health on at least 14 days in the past month	12.2%	11.3%	2013-2015	
Binge drinking (adult population)	18.8%	20.1%	2013-2015	
	Rate per 100,000		000	
Rate of confirmed child abuse and neglect cases among children	1470	780	2014	
Homicide rate	5.14	1.30	2014	
Suicide rate	13.20	13.30	2014	
Domestic violence rate	921.70	841.83	2014	
Hate crime rate	4.46	5.53	2014	

Data source: 2013 - 2015 Michigan BRFS Regional and Local Health Department Estimates, Michigan Department of Health and Human Services Vital Statistics, Michigan State Police Crime Data and Statistics, Michigan League for Public Policy

Women Screening					
Macomb County Michigan					
	Percent Female Population				
Pap Test*	74.9	77.2			
Mammogram**	46.7	49.1			

Source: 2012 - 2014 Michigan BRFS Regional and Local Health Department Estimates

^{**}Among women aged 40 years and older, the proportion who reported having a mammogram and clinical breast exam in the past year.

Sex-Based Economic Equity in Macomb County					
	Total	Male	Female		
	Percent Population				
Below Poverty Level	11.7% 10.5%				
Households receiving food stamps/SNAP	13.0%	N/A	N/A		
Unemployment Rate (20 - 64 years)	6.6%	6.5%	6.0%		
Uninsured Population	5.8%	6.7%	4.9%		
Population with No High School Diploma*	10.8%	10.8%	10.7%		

Source: U.S. Census Bureau, 2010-2014 American Community Survey 5-Year Estimates

^{*} Among women aged 18 years and older, the proportion who reported having a Pap test within the previous three years.

^{*}Among those aged 25 years and older.

Sex-Based Health Disparity in Macomb County						
Multiple Cause of Death	Total	Male	Female			
Cancer	195.5	238.8	166.9			
Ischemic Heart Disease	193	258.2	146.2			
Heart Disease	336.6	420.9	275.6			
Homicide	3.9	6.2	1.6			
Chronic Lower Respiratory Disease	85	98.7	76.6			
Motor Vehicle Accident	8.7	12.6	5.1			
Stroke	61.3	66.4	57.2			
Suicide	13.5	21.7	6.0			
Unintentional Injury	48.6	67.2	32.1			
Drug-Induced	153.7	208.9	111.6			
Alcohol-Induced	16.6	25.4	8.6			
HIV	1.1	1.9	N/A			

Source: Centers for Disease Control and Prevention, National Vital Statistics System, CDC WONDER, 2010-2014 five-year average Age Adjusted Rate per 100,000

N/A = Death rates are flagged as Unreliable when the rate is calculated with a numerator of 20 or less. This also includes Suppressed Data when the data meet the criteria for confidentiality constraints

Race-Based Health Disparity in Macomb County								
Multiple Cause of Death	Total	White	Black	Asian or Pacific Islander	American Indian Alaskan Native	Hispanic Latino		
HIV Prevalence, 2013	1.1	0.7	5.6	N/A	N/A	N/A		
Cancer 2010-2014	195.5	195.2	221	123.2	179.2	174.6		
Heart Disease 2010-2014	336.6	337.1	396.5	134.6	365.1	232.1		
Ischemic Heart Disease 2010- 2014	193	194.7	203	79.7	240.1	143.1		
Homicide 2010-2014	3.9	2	18.6	N/A	N/A	N/A		
Chronic Lower Respiratory Disease 2010-2014	85	86.4	76.8	31.3	N/A	55.9		
Motor Vehicle Accident 2010- 2014	8.7	8.7	10.2	N/A	N/A	N/A		
Stroke 2010-2014	61.3	59.6	96.7	55.7	N/A	63.2		
Suicide 2010-2014	13.5	15.1	4.5	N/A	N/A	N/A		
Unintentional Injury 2010-2014	48.6	50.7	38.8	N/A	N/A	55.7		
Drug-Induced	153.7	159.4	125.6	32.8	198.9	152.3		
Alcohol-Induced	16.6	17.7	10	N/A	N/A	N/A		

Source: Centers for Disease Control and Prevention, National Vital Statistics System, CDC WONDER, 2010-2014 five-year average Age Adjusted Rate per 100,000

N/A = Death rates are flagged as Unreliable when the rate is calculated with a numerator of 20 or less. This also includes Suppressed Data when the data meet the criteria for confidentiality constraints

Indicators

Core Indicator Categories

The CHSA team utilized MAPP's eleven broad-based core and extended data categories to review the data.

Category One

Definition of Category: Demographic characteristics include measures of total population as well as percent of total population by age group, gender, race and ethnicity, where these populations and subpopulations are located, and the rate of change in population density over time, due to births, deaths and migration patterns.

- Overall Demographic Information
- Demographic Profile: Age and Sex
- Demographic Profile: Race / Ethnic Distribution

Category Two

Definition of Category: Socioeconomic characteristics include measures that have been shown to affect health status, such as income, education, and employment, and the proportion of the population represented by various levels of these variables.

- Employment/Unemployed
- Percent Below Poverty Level
- Median Household Income
- Ratio of students graduating who entered 9th grade 3 years prior
- Special Populations Number Proportion of
 - Migrant persons
 - Homeless persons
 - o non-English speaking persons
- Persons aged 25 and older with less than a high school education
- Persons without health insurance
- Single parent families

Category Three

Definition of Category: This domain represents factors associated with health system capacity, which may include both the number of licensed and credentialed health personnel and the physical capacity of health facilities. In addition, the category of health resources includes measures of access, utilization, cost and quality of health care and prevention services. Service delivery patterns and roles of public and private sectors as payers and/or providers may also be relevant.

- Medicaid eligibles to participating physicians
- Licensed dentists: rate total population (CHSI Report)
- Licensed primary care physicians (general practice, family practice, internal, ob/gyn, and pediatrics): rate total population (CHSI Report)
- Licensed hospital beds: total, acute, specialty beds; rate total population (and occupancy rate)
- Visiting nurse services/in home support services: rate total population
- Proportion of population without a regular source of primary care (including dental services)
- Per capita health care spending for Medicare beneficiaries (the Medicare adjusted average per capita cost)
- Local health department full-time equivalents employees (FTEs): number per total population
- Total operating budget of local health department: dollars per total population

Category Four

Definition of Category: Quality of Life (QOL) is a construct that "connotes an overall sense of well-being when applied to an individual" and a "supportive environment when applied to a community" (Moriarty, 1996). While some dimensions of QOL can be quantified using indicators research has shown to be related to determinants of health and community-well being, other valid dimensions of QOL include perceptions of community residents about aspects of their neighborhoods and communities that either enhance or diminish their quality of life.

- Proportion of persons satisfied with the quality of life in the community (IOM, 1997)
- Proportion of adults satisfied with the health care system in the community (IOM, 1997)
- Proportion of parents in the PTA
- Number of openings in child care facilities for low income families
- Number of neighborhood crime watch areas
- Civic organizations/association members per 1,000 population
- Percent of registered voters who vote

Category Five

Definition of Category: Risk factors in this category include behaviors which are believed to cause, or to be contributing factors to, injuries, disease, and death during youth and adolescence and significant morbidity and mortality in later life. The indicators below correlate with information found in the Behavioral Risk Factor Surveillance System (BRFSS). For more information, go to http://www.cdc.gov/nccdphp/brfss/pdf/userguide.pdf.

For each of the following, look at risk by percent of total population, by subgroups: age, gender, race, ethnicity, income, education

- Substance Use and Abuse
 - o Tobacco use
 - o Illegal drug use
 - Binge drinking
- Lifestyle
 - o Nutrition
 - Obesity
 - o Exercise
 - Sedentary lifestyle
- Protective Factors (safety)
 - Seatbelt use
 - Child safety seat use
 - Bicycle helmet use
 - o Condom use
- Screening
 - Pap Smear (Percent of age-specific female population)
 - o Mammography (Percent of age-specific female population

Category Six: Environmental Health Indicators

Definition of Category: The physical environment directly impacts health and quality of life. Clean air and water, as well as safely prepared food, are essential to physical health. Exposure to environmental substances such as lead or hazardous waste increases risk for preventable disease. Unintentional home, workplace, or recreational injuries affect all age groups and may result in premature disability or mortality.

- Air quality number and type of U.S. Environmental Protection Agency air quality standards not met
- Water quality proportion of assessed rivers, lakes, and estuaries that support beneficial uses (e.g., fishing and swimming approved) (IOM, 1997)
- Indoor clean air Percent of public facilities designated tobacco-free
- Workplace hazards Percent of OSHA violations
- Food safety foodborne disease: rate per total population (CHSI Report)
- Lead exposure Percent of children under 5 years of age who are tested and have blood levels exceeding 10mcg/dL
- Waterborne disease: rate per total population
- Fluoridated water percent total population with fluoridated water supplies
- Rabies in animals: number of cases

Category Seven

Definition of Category: This category represents social and mental factors and conditions which directly or indirectly influence overall health status and individual and community quality of life. Mental health conditions and overall psychological well-being and safety may be influenced by substance abuse and violence within the home and within the community.

- During the past 30 days, average number of days for which adults report that their mental health was not good (IOM, 1997) [See Category 9 for similar question regarding physical health]
- Number and rate of confirmed cases of child abuse and neglect among children (IOM, 1997)
- Homicide rate: age adjusted; total, white, non-white (IOM, 1997, CHSI Report)
- Suicide rate: age adjusted; total, white, non-white; teen suicide (IOM, 1997, CHSI Report)
- Domestic violence: rate per total population
- Psychiatric admissions: rate per total population
- Alcohol related motor vehicle injuries/mortality: rate per total population
- Drug-related mortality rate

Category Eight: Maternal and Child Health

Definition of Category: One of the most significant areas for monitoring and comparison relates to the health of a vulnerable population: infants and children. This category focuses on birth data and outcomes as well as mortality data for infants and children. Because maternal care is correlated with birth outcomes, measures of maternal access to, and/or utilization of, care is included. Births to teen mothers is a critical indicator of increased risk for both mother and child.

- Infant mortality (death within 1st year): total, white, non-white rate per 1000 live births
- Entrance into prenatal care in 1st trimester: Percent total, white, non-white per live births
- Births to adolescents (ages 10-17) as a proportion of total live births (IOM, 1997, CHSI Report)
- Adolescent pregnancy rate (ages 15-17)
- Very low birthweight (less than 1,500 grams): Percent total live births, white, non-white

- Child mortality: rate per population age 1-14 / 100,000
- Neonatal mortality: total, white, non-white, rate per live births
- Post Neonatal mortality: total, white, non-white rate per live births

Category Nine: Death, Illness, and Injury

Definition of Category: Health status in a community is measured in terms of mortality (rates of death within a population) and morbidity (rates of the incidence and prevalence of disease). Mortality may be represented by crude rates or age-adjusted rates (AAM); by degree of premature death (Years of Productive Life Lost or YPLL); and by cause (disease - cancer and non-cancer or injury - intentional, unintentional). Morbidity may be represented by age-adjusted (AA) incidence of cancer and chronic disease.

- General health status (percent respondents reporting their health status as excellent, very good, good, fair, poor) (IOM, 1997, CHSI Report) [See Category 7 for similar question regarding mental health]
- Average number of sick days within the past month (CHSI Report) Mortality (Age adjusted rates)
- All causes: AAM, total, by age, race, and gender (CHSI Report)
- All cancers: AAM, total, white, non-white (CHSI Report)
- Unintentional Injuries: Total, by age, race, and gender (CHSI Report)
- Years of Productive Life Lost (YPLL): number of YPLL under age 75 per population (total, white, non-white)
- Breast cancer (IOM, CHSI Report)
- Lung cancer (IOM, CHSI Report)
- Cardiovascular disease (IOM, 1997, CHSI Report)
- Motor vehicle crashes (IOM, 1997, CHSI Report)
- Cervical cancer
- Colorectal cancer (CHSI Report)
- Chronic obstructive lung disease
- Chronic liver disease and cirrhosis: AAM, total, white, non-white
- Diabetes mellitus: AAM, total, white, non-white (CHSI Report)
- Pneumonia/influenza: AAM, total, white, non-white
- Stroke: AAM, total, white, non-white (CHSI Report)

Category Ten: Communicable Disease

Definition of Category: Measures within this category include diseases which are usually transmitted through person-to-person contact or shared use of contaminated instruments /materials. Many of these diseases can be prevented through a high level of vaccine coverage of vulnerable populations, or through the use of protective measures, such as condoms for the prevention of sexually-transmitted diseases.

- Proportion of 2-year old children who have received all age-appropriate vaccines, as recommended by the Advisory Committee on Immunization Practices (IOM, 1997)
- Proportion of adults aged 65 and older who have ever been immunized for pneumococcal pneumonia (IOM, 1997)
- Proportion of adults aged 65 and older who have been immunized in the past 12 months for influenza (IOM, 1997, CHSI Report)
- Vaccine preventable: Percent of appropriately immunized children/population
- Syphilis (primary and secondary) cases: reported incidence by age, race, gender
- Gonorrhea cases: rate total population

- Chlamydia: reported incidence
- Tuberculosis: AAM, reported incidence by age, race, and gender (IOM, 1997, CHSI Report –number of cases)
- AIDS: AAM, reported incidence by age, race, gender (IOM, 1997, CHSI Report number of cases)
- Bacterial meningitis cases: reported incidence
- Hepatitis A cases: reported incidence (CHSI Report number of cases)
- Hepatitis B cases: reported incidence (CHSI Report number of cases)
- Hepatitis C cases: reported incidence

Category Eleven: Sentinel Events

Definition of Category: Sentinel events are those cases of unnecessary disease, disability, or untimely death that could be avoided if appropriate and timely medical care or preventive services were provided. These include vaccine-preventable illness, late stage cancer diagnosis, and unexpected syndromes or infections. Sentinel events may alert the community to health system problems such as inadequate vaccine coverage, lack of primary care and/or screening, a bioterrorist event, or the introduction of globally transmitted infections.

- Vaccine preventable disease
 - Measles: number and rate/total population (CHSI Report number of cases)
 - o Mumps: number and rate/total population
 - o Rubella: number and rate/total population (CHSI Report number of cases)
 - Pertussis: number and rate/total population (CHSI Report number of cases)
 - o Tetanus: number and rate/total population
- Other
 - o Percent late stage diagnosis cancer cervical
 - o Percent late stage diagnosis cancer breast
 - Number of deaths or age-adjusted death rate for work-related injuries (IOM, 1997)
 - Unexpected syndromes due to unusual toxins or infectious agents, possibly related to a bioterrorist event (i.e., smallpox, anthrax)

Extended Indicator Categories

Category One: Demographic characteristics

No extended indicators

Category Two: Socioeconomic Characteristics

- Per Capita Income
- WIC eligibles: Percent of total population
- Medicaid eligibles: Percent of total population
- High School Graduation Rate
- Percent of population with a college or higher level of education
- Food Stamp Recipients -Percent of total population
- Number of subsidized housing units per total number of households.

Category Three: Health Resource Availability

- Medicaid physician availability: ratio
- Medicaid dentist availability: ratio
- Licensed doctors: rate total population
- Licensed opticians/optometrists: rate total population
- Licensed practical nurses: rate total population
- Licensed advanced registered nurse practitioners: rate total population
- Licensed registered nurses: rate total population
- Nursing home beds: rate total population (and occupancy rate)
- Adult living facility beds: total population
- Percent of population provided primary care services by private providers
- Percent of population provided primary care services by community and migrant health centers
- Percent of population provided primary care services by other sources

Category Four: Quality of Life

- Proportion of residents planning to stay in the community / neighborhood for next five years
- Proportion of youth involved in organized after school recreational/educational activities
- Number of child care facilities/ preschool –age population
- Number of small/medium licensed businesses/population
- Number of small locally owned businesses/population
- Proportion of minority-owned businesses
- Number of neighborhood/community-building get-togethers /year
- Number of support resources identified by residents
- Outreach to the physically, mentally, or psychologically challenged
- Number of cultural events per year
- Number of ethnic events per year
- Number of inter-ethnic community groups and associations
- Participation in developing a shared community vision
- Number of grass root groups active at neighborhood level
- Number of advocacy groups active at community level
- Civic participation hours/week (volunteer, faith-related, cultural, political)
- Percent registered to vote

Category Five: Behavioral Risk Factors

No extended indicators

Category Six: Environmental Health Indicators

- Solid Waste Management number of sanitary nuisance complaints
- Solid Waste Management percent of residences serviced by sanitary elimination program (garbage pickup, recycling)
- Solid Waste Management pounds of recycled solid waste per day per person
- Compliance in tributary streams with water standards for dissolved oxygen
- Salmonella cases: rate per total population (CHSI Report number of cases)
- Shigella: rate per total population (CHSI Report number of cases)
- Enteric cases: total cases per total population
- Incidence of animal/vector-borne disease (e.g., Lyme, West Nile, encephalitis)
- Contaminated wells: percent of total wells sampled
- Septic tanks: rate per total population
- Septic tanks: rate of failure
- Sanitary nuisance complaints: rate per total population
- Radon Detection percent of homes tested for or remedied of excessive levels
- Hazardous Waste Sites number percent of population within exposure area
- Percent of restaurants that failed inspection
- Percent of pools that failed inspection
- Number of houses built before 1950 (risk for lead-based paint exposure): number and proportion in community

Category Seven: Social and Mental Health

- Elderly abuse: rate per population > age 59
- Simple assaults: rate per total population
- Aggravated assaults: rate per total population
- Burglary: rate per total population
- Illegal drug sales and possession: rate per total population
- Forcible sex: rate per total population
- Intentional injury: age-adjusted mortality
- Alcohol related mortality rate
- Binge drinking -- percent of adult population
- Treatment for mental disorder -- percent of population
- Crime rates: violent crimes; hate crimes; sexual assault

Category Eight: Maternal and Child Health

- Live birth rate
- Fertility rates
- 3rd trimester prenatal care: percent of total, white, non-white per live births
- No prenatal care: percent of total, white, non-white live births
- Prenatal care; no care; adequate care
- Repeat births to teens
- Family planning numbers as percent of target population
- Low birthweight: percent of total, white, non-white live births (CHSI Report percent of total population)
- Perinatal conditions: AAM
- Mortality due to birth defects: total, white, non-white rate population (CHSI Report)

- EPSDT as percent of eligibles
- WIC recipients as percent of eligibles
- Teen and young adult tobacco smoking rates
- C-section rate

Category Nine: Death, Illness, and Injury

- Morbidity (Incidence of newly diagnosed cases)
 - Breast cancer (total, white, non-white)
 - Cervical cancer (total, white, non-white)
 - o Colorectal cancer
 - o Lung and bronchus cancer
 - Prostate cancer
 - o Melanoma
 - o Oral cancer
 - o Dental caries in school-aged children
- Hospitalizations (number and rate/total pop.) for the following:
 - o Asthma
 - o Cellulitis
 - o Congestive heart failure
 - o Diabetes
 - o Gangrene
 - o Influenza
 - o Malignant hypertension
 - Perforated/bleeding ulcers
 - o Pneumonia
 - o Pyelonephritis
 - Ruptured appendix

Category Ten: Communicable Disease

- Nosocomial infections
- Group B streptococcus

Category Eleven: Sentinel Events

- Congenital syphilis
- Childhood TB
- Drug-resistant TB
- Residential fire deaths (number and rate)
- Drug overdose deaths (number and rate)
- Gun-related youth deaths
- Maternal death

Benchmark Comparisons

Worse than the Benchmark

- No Health Care Coverage Among Those Aged 18-64
 Years, Michigan & HP2020
- Health Care Access No Personal Health Care Provider, Michigan & HP2020
- Health Care Access No Health Care Access During Past 12 Months Due to Cost, Michigan & HP2020
- Low Birth Weight Babies, Michigan
- Unintentional injuries, Michigan
- CVD, Michigan
- Chlamydia, Michigan
- High Blood Pressure, Michigan
- Cholesterol Screening and Awareness Ever Told High Cholesterol, Michigan

- Chronic Obstructive Pulmonary Disease (COPD),
 Michigan
- Stroke, Michigan
- Cardiovascular Disease, Michigan
- Cancer, Michigan
- Fruit and Vegetable Consumption Fruits,
 Michigan
- Activity Limitation on at least 14 Days in the Past Month, Michigan
- Cigarette Smoking Current Smoking, Michigan
- Alcohol Consumption Any Alcohol in past Month,
 Michigan
- Alcohol Consumption Heavy Drinking, Michigan
- Alcohol Consumption Binge Drinking, Michigan

About the same as the benchmark

- Post neonatal mortality, Michigan
- All Cancers, Michigan
- Chronic Liver disease and cirrhosis, Michigan
- Pneumonia, Michigan
- Rubella, Michigan
- Cholesterol Screening and Awareness Cholesterol Ever Checked, Michigan
- Asthma Ever told have Asthma, Michigan
- Asthma Still have Asthma, Michigan
- Heart Attack, Michigan

- Angina/Coronary Heart Disease, Michigan
- Weight Status Obese, Michigan
- Weight Status Overweight, Michigan
- Weight Status Healthy Weight, Michigan
- Fruit and Vegetable Consumption Vegetables,
 Michigan
- Fruit and Vegetable Consumption Fruits and Vegetables, Michigan
- Adequate Physical Activity, Michigan
- Cigarette Smoking Former Smoking, Michigan

Better than the Benchmark

- Increase the proportion of person with medical insurance, HP2020
- Domestic Violence, Michigan
- Infant Mortality, Michigan
- Neonatal mortality, Michigan
- Live birth rate, Michigan
- Adolescent pregnancy rate, Michigan
- Entrance into prenatal care in 1st trimester,
 Michigan
- WIC recipients, Michigan
- COPD, Michigan
- Diabetes-related Deaths, Michigan
- Stroke, Michigan
- Measles, Michigan
- Mumps, Michigan
- Pertussis, Michigan
- Gonorrhea, Michigan
- AIDS, Michigan
- Bacterial Meningitis, Michigan

- Hep A, Michigan
- Colorectal Cancer Screening Among Adults 50
 Years and Older, Michigan
- Immunizations Among Adults aged 65 years and Older - Had flu vaccine in past year, Michigan
- Immunizations Among Adults aged 65 years and Older - Ever had Pneumonia Vaccine, Michigan
- HIV Testing Among Adults aged 18-64 years, Michigan
- Arthritis, Michigan
- Diabetes, Michigan
- Kidney Disease, Michigan
- Breast Cancer screening among women age 40 and Older, Michigan
- Poor Physical Health on at Least 14 Days in the Past Month, Michigan
- No leisure time physical activity, Michigan
- Cigarette Smoking -Never Smoked, Michigan
- Seatbelt Use Always Uses a Seatbelt, Michigan

Partners

Great Start Macomb

Lisa Sturges

Henry Ford Health System

Debora Murray

Judson Center

Melissa Savage

Macomb County Community Mental Health

Sue Gough

Macomb County Health Department

Martha Brooks

Renai Edwards-Malayil

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Karen Wood

Southeastern Michigan Health Association

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Erica Trash-Sall

Cynthia Taueg

Welcome Mat Detroit

Mary Lane

COMMUNITY THEMES AND STRENGTHS ASSESSMENT

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Assessment Methodology

The CTSA team met nine times over the course of 11 months to create, distribute and assess a Community Health Survey and to facilitate focus groups. Through the survey and the focus groups, the following questions were answered:

- What is important to the community?
- How is the quality of life perceived in the community?
- What assets does the community have that can be used to improve community health?

The CTSA team utilized the following process to complete the assessment:

- 1. Review of the Community Themes and Strengths Assessment process
 - a. Through this planning the CTSA team decided the best way to answer the above three questions was to conduct a Community Health Survey and community focus groups within target populations.
- 2. Survey planning (2 meetings)
 - a. Review of optional questions
 - b. Survey distribution locations
 - c. Survey languages
- 3. Focus Group Planning (5 meetings)
 - a. Review of optional questions
 - b. Focus group target areas
- 4. Distribution of Survey (November 2015-June 2016)
 - a. The Community Health Survey was distributed both via electronic methods (Survey Monkey) and via paper methods with our community partners.
 - b. The survey was available electronically in English and in paper form as English, Arabic and Spanish.
- 5. Completion of community focus groups (x6) during May and June 2016
 - a. The focus groups were conducted in target populations across all of Macomb County. Two of the focus groups were conducted in Arabic and Spanish.
- 6. Assessment team members then reviewed and compared the survey results and the focus group results. Assessment team members identified themes from the surveys and the focus groups.
- 7. The highest identified themes and priority areas from the survey and focus groups were submitted to the Steering Committee for review for the Community Health Improvement Plan.

Executive Summary

Focus Group:

The CTSA team completed six focus groups throughout Macomb County:

- Thompson Center, Warren
- ACCESS, Sterling Heights
- Clinton Township Senior Center, Clinton Township
- Mount Clemens Lions Club, Mount Clemens
- Chesterfield Senior Center, Chesterfield
- St Francis, New Haven

The average size of the focus groups were 16 individuals per group. Overall there were 98 individuals who participated in the groups.

After brainstorming, review and discussion the CTSA team was able to identify seven priority focus areas that were present in the Focus Group. These seven priority focus areas are:

- Obesity, Diabetes, High Blood Pressure
- More Education/Classes
- Drug Abuse, Substance Abuse
- Mental Health Care
- Access to health foods
- Safety
- Communication
 - o Communication via internet
 - o Improved electronic communication

The full results of the Focus Group can be found in the Appendix.

Survey:

The Community Health Survey was completed during the months of November – June. During this time 4,071 surveys were collected via Survey Monkey and paper formats. The survey was open to all individuals who live, work or play in Macomb County. Of the survey respondents, 93% of individuals who completed the survey live in Macomb County while 74% of survey respondents work in Macomb County.

After reviewing the survey results the CTSA team was able to identify eight priority focus areas that were present throughout the survey. These eight priority focus areas are:

- Access to Foods, Healthcare, Housing, Jobs
 - Use of ER/Urgent Care
- Lack of knowledge on Programs and services in County
- Improved Communication
- More education/Classes
- Obesity, Diabetes, Heart Disease, Cancer
- Mental Health
- Drug Abuse

• Language Barriers – non English Population

After reviewing both the focus groups and the surveys, the CTSA team narrowed the priority areas down to the following six categories:

- Chronic Disease
 - Obesity
 - o Diabetes
 - o Cancer
 - Heart Disease
- Access
 - o Food
 - o Healthcare
 - Insurance cost, healthcare cost, prescription drug cost
 - o Housing
 - o Jobs
- Mental Health
- Drug Abuse/Substance Abuse
- Communication and Education
- Safety/Built Environment

The full results of the Community Health Survey can be found in the Appendix along with a copy of the distributed survey.

The CTSA team reviewed not only the survey results as a whole, but in comparison with different populations, geographic locations and gender. However, some unique focus areas did emerge for specific groups of individuals:

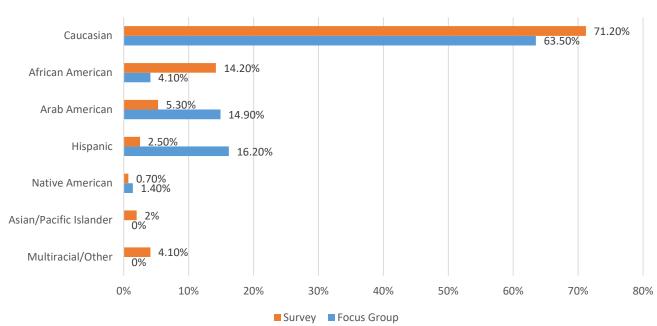
- Asthma (Black)
- Oral Health (Non English Speaking Populations)
- Healthy Pregnancy (Non English Speaking Populations)
- STDS (Black)
- Lack of Healthcare and Insurance (Minority Populations)

While these listed focus areas were not encompassing of the entire population, it is important to see that some of the specific groups of people in Macomb County have very different needs.

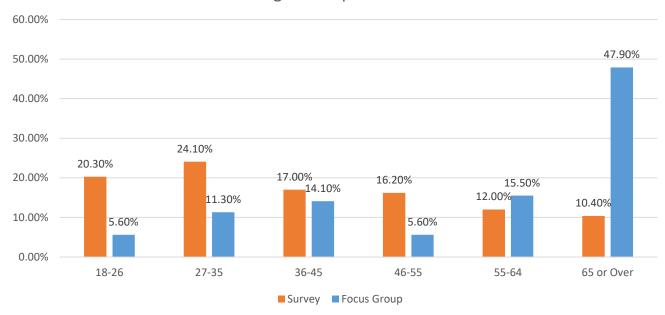
Respondent Profile

The respondents of the survey followed the demographic make-up of Macomb County. The focus groups were held in targeted populations to address any gaps that the survey demonstrated. Below you will see the respondent profile of both the Community Health Survey as well as the community focus groups.

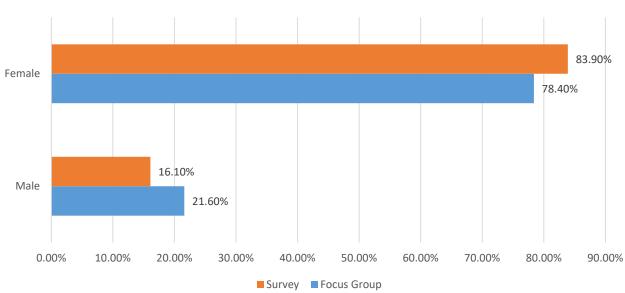




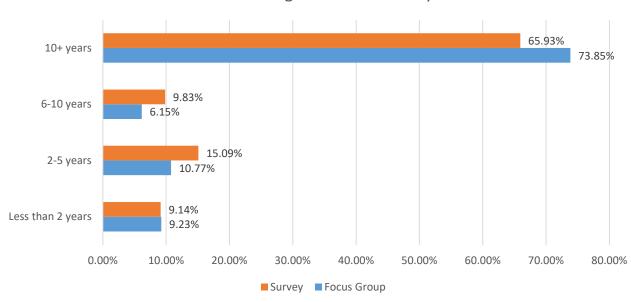
Age of Respondents



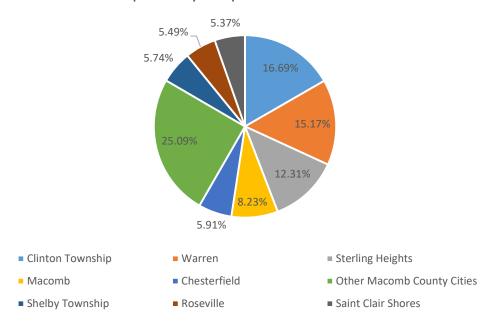




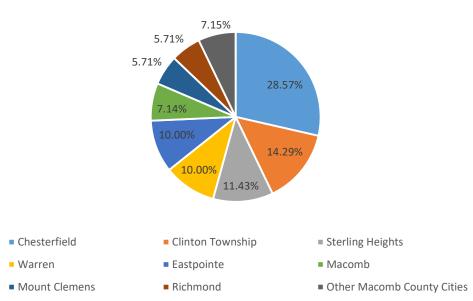
Time Living in the Community



Top Survey Respondent Locations



Top Focus Group Respondent Locations

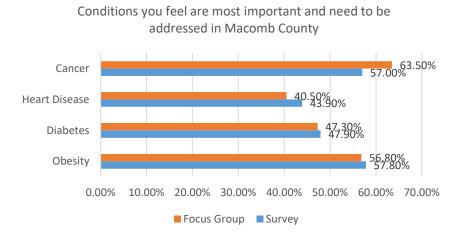


Priority Theme Results

The below graphs show the data that helped the CTSA team to prioritize the themes from the survey and the focus groups.

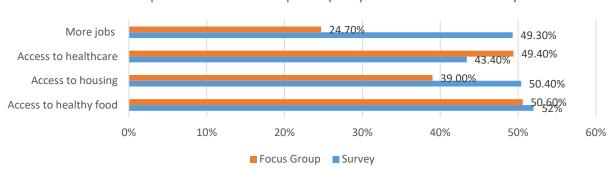
1. Chronic Disease

Many health issues emerged from the results of the survey and the focus group and thus the CTSA team decided to categorize these as one theme of Chronic Disease. This theme encompasses Cancer, Heart Disease, Diabetes, and Obesity.



2. Access

To improve the quality of life in Macomb County many survey respondents and focus group respondents agreed that Access to Services would help the most. The CTSA team agreed that increased Access would improve quality of life and created the theme Access, which encompasses access to affordable health food, access to housing, access to healthcare, and more jobs. The CTSA team also considered cost and prescription medication costs as part of the Access to Healthcare category. 53.5% of focus group respondents and 50.7% of survey respondents stated that cost was a barrier to getting healthcare, while 47.9% of focus group respondents and 34.9% of survey respondents stated that prescription medication cost was a barrier to care.



Most important factors that improve quality of life in Macomb County

3. Mental Health

Mental health was a very prevalent issue that appeared in the survey results, therefore the CTSA team decided to address this as a priority theme. Overall, 53.2% of the population surveyed stated that Mental Health was an important health issue to address (the top rated in the survey). While the CTSA team is making this one of the priority themes it is important to note that only 27.35% of Non-English spekaing populations felt that Mental Health was an important issue and only 5% of Focus Group respondents felt this was an important issue.

4. Drug Abuse/Substance Abuse

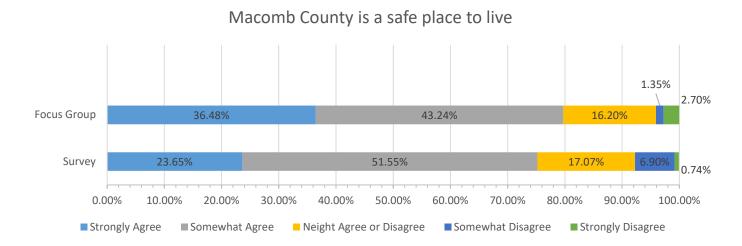
Two additional areas that were common in the survey responses among all populations were Drug Abuse and Substance Abuse. Of all survey respondents, 45.8% stated drug abuse was an important issue and 33.4% stated alcohol misue was an issue. Among focus group respondents however, only 15% of individuals stated that drug/substance abuse was an issue that needed to be addressed in Macomb County.

5. Communication/Education

Communication and Education were two topics that appeared frequently in the focus groups and had supporting data from the survey results. 66% of focus group respondents stated that they would like to see improved communication regarding county services and more education (classes, trainings, etc) on health topics in the county. Many participants stated that while they believe Macomb County has a lot to offer, they were mostly unaware of the resources available and how to access them. From the survey, 53.4% of respondents stated they received their health related information from the internet (not social media) – which give the CTSA team the understanding that we could strive to do better in communicating to the public.

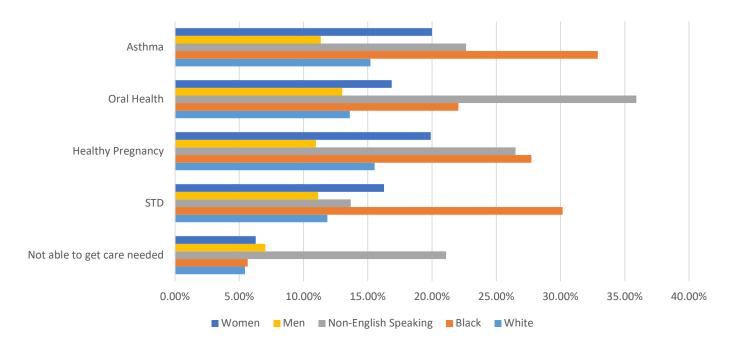
6. Safety and Built Environment

Safety and the Built Environment were both recurring themes that appeared in both the survey and the focus groups. Therefore, the CTSA team has decided to make this a priority for the CTSA. Overall, 47.3% of survey respondents stated that less violence/crime (safer neighborhoods) would improve the quality of life and 50.6% of focus group respondents felt the same. Through the focus groups, during all conversation and discussion, safety and the built environment came up among all questions and was mentioned by 36% of the participants.



Outliers/Area of Note:

The CTSA team noticed some variation in results between different population groups in the survey and focus groups. While these areas are not necessarily large enough to become a priority theme, the CTSA team felt it was important to share these differences with the Steering Committee.



Focus Group Summaries

Focus Group Question 1: What are the most important health related issues in the community?

ACCESS	Thompson	Clinton Township	Chesterfield	St. Francis	Mount Clemens
	Center	Senior Center	Senior Center		Lions Club
● Depression	 Mosquitos 	Water safety	●high blood	lack of health	●Substance
and chronic	(Zika) in the	(Flint) reference,	pressure(x4)	insurance (x4)	abuse, drug
disease	community	are they doing	high sugar	•people unable	abuse,
Unhealthy	this time year	additional	intake	to see doctor	(agreement seen
food (x2) – leads	and the	checking on	•weight/obesity	lack of	between
to chronic	related	water (x2)	(x3)	transportation	members)
disease	spraying	Violent crime	•keeping our	●immigration	•Timely access to
● Environmental	●Mental	Heroin problem	water safe	issues	primary care
pollution	health	with youth	•alcohol (x3)	•accidental	provider, too long
(water, air)	●Drugs or	Need more	•drug abuse (x4)	injuries	wait times to see
●Health	substance use	police	•drunk driving –	•mental health	doc for medical
insurance	(prescription	School safety,	afraid to drive on	•not enough	issues
•Education	drug abuse,	fake bomb	roads	help	●Diabetes major
Construction	addiction,	threats,	•cancer (x3)	•financial	health concern
in streets?	leading to	lockdowns, send	•lack of exercise	assistance for	Obesity
●Increased	other drugs) –	kids home for	(x2)	medical expenses	Lack of enough
stress	3 people	day, search	•diabetes	• diabetes (x6)	exercise
311633	agreed	needed, most of	•transportation	•mammograms	Accessibility to
	●Teenagers	time	to health care		•
	getting weed	bogus, but all it	provider (x2)	(x2) •alcoholism	prescriptions, easier
	south of 8	takes is one real			
			•knee and hip	• drug addiction	accessibility to
	mile	bomb	joints	•drunk driving	prescriptions
	●Obesity (x2)	Obesity child	•air and water	•texting and	•Lack of
	•Sex registry	through adult	quality	driving	adequate
	(lots of sex	●Programs in	•COPD	•not feeling safe	resources for
	offenders in	schools needed	•Alzheimer's	(x3)	adolescent
	Warren)	gym/health class,	●old age	•nutrition (x2)	mental health
	◆High blood	to focus on you	•elder care	●racism (x2)	issues
	pressure	are what you	●child care cost	•employment	●Transportation
	•Strokes,	eat, you should	●long term care	•allergies	to major health
	Heart Health	be concerned		●flu (x7)	care provider,
	◆Diabetes	about what you		●high blood	some people
		put in your body		pressure (x2)	without, or do
		Concerns about		no medical	not operate
		school lunch the		access	vehicles
		food is not good,		●obesity (x6)	Water supply;
		it's not as tasty,		●smoking (x2)	possible concerns
		it's healthier but		•car seat	down the road
		they don't like it		information (x2)	●Debris/trash
		Peanut allergy		can't afford	around road that
		discussion in		healthcare	causes hazards
		schools		●cholesterol	●Childhood
				parasites	immunizations,
				●depression	those that don't

		mosquitodiseasespoor hygieneheart disease	believe in imms affecting other children in school setting

Question 2: When thinking about health, what are some of the greatest strengths and assets of your community?

ACCESS	Thompson Center	Clinton	Chesterfield	St. Francis	Mount Clemens Lions
		Township	Senior Center		Club
		Senior Center			
●Lots of	●Gyms, lots of	●Lots of	•more activities	●Hispanic	 Opportunities hiking,
parks	affordable gyms	parks, that are	(x3)	leadership	biking, parks
(bathrooms	 Available track fields at 	very nice,	walking in	hospitals	●3 hospitals in
in parks not	HS	even for	parks (x2)	(x7)	community
clean, parks	Parks available,	handicapped	senior centers	●health	 Good pharmacies in
not clean)	community center in	individuals,	provide exercise	centers	area
not	Warren	wide paths,	and friendship	(x5)	 Free senior activities
comfortable	 Some insurance that 	black topped	for seniors to	●orientatio	 Good job putting
going there	pays for Weight	Senior	stay healthy	n	together rails to trails,
ACCESS	Watchers	centers with	health fairs	●support	new biking routes
●Chaldean	Health center that	screenings,	(x3)	for	 Lots of rehabilitative
Foundation	provides services for	lots of	●health	diabetes	centers around
●Google	free to kids (at DHS?	programs for	department is a	●strong	 Most schools and
(for stuff	Mobile dentists, some	seniors to	good resource	church	colleges have athletic
not found at	services in schools)	participate in	for me (x3)	support	trainers on staff that
ACCESS)	●MCHD (Thompson	Health nurse	lots of exercise	(x2)	alleviate visits to
	Center, Breast feeding	in apartment	programs	●unity (x3)	other sites
	group at Thompson)	complex,	senior centers	●clinics/do	 Health department
	Access to Mental	blood	(x5)	ctors	for children
	Health through Macomb	pressure and	hospitals (x3)	willing to	immunizations (3
	County was good (better	blood sugar	●emergency	help those	positive responses,
	than Oakland in this	screening	services (x2)	without	including very cost
	case, same for health	Nurse at	medical clinics	insurance	effective)
	department) multiple	church (free	(x3)	xx	Family planning
	community members	blood	●exercise (x3)	●communi	program very helpful
	had very positive	pressure	■all services are	ty support	to have
	feedback about staff,	screening)	available	(x3)	Large lakeshore for
	services		◆trails for bikes	there are	recreation
	●MCHD staff is very		•there are	lots of	■Large Metroparks for
	attentive to client needs		many places to	resources	recreation
	both remotely and in		get information	(x3)	We have easy access
	person (echoed by		●community	•family aid	to emergency services
	multiple		center	●good	in Macomb
	Community members)		●immunizations	community	Medstar provides
	 Good wait times at 		●physical	centers	ambulance services at
	MCHD		therapy		

●Food Pantries (Hope	●aerobics	with	no cost to the
Center – good reviews	transportation	activities	community
from 4 members)			●WEAKNESS – lack of
●Churches (diverse,			knowledge about
very active, community			program availability
engagement is			
excellent)			

Question 3: What would help Macomb County residents achieve the highest level of health (i.e., optimum health)?

ACCESS	Thompson Center	Clinton	Chesterfield	St. Francis	Mount Clemens
		Township Senior	Senior Center		Lions Club
		Center			
●Healthy	●Food related education	Need to stop	•activities like	community	●Better
food, clean	about fresh foods and	eating crap. Ban	aerobics at	education	communication
water	vegetables (member signed	all cookies.	senior center	about	of services and
●Increase	up at MSUE and never	Money/fundin	(x3)	nutrition (x2)	programs
number of	received a return phone	g	●activities(x10	●nutrition (x7)	available to
places for	call after signing up	 More classes)	education	residents;
free health	 Would be good to know 	on how to use	●food (x10)	(x12)	availability of
care	how to grow their own	smart phones to	education	exercise (x8)	programs/servic
Low cost	food	reduce stress,	(x5)	●more	es
places for	 Food cost is an issue for 	especially stuff	●parks (x4)	services to	●More
health care	healthy foods	on electronic	more classes	help people	playgrounds or
Safety	 More places for kids to 	technology	(x2)	with low	spaces for
(public	play – outside the house	Need more	weight loss	resources	ADULTS, places
safety,	◆Community gardens	winter activities	classes	more classes	for exercise,
police	 Farmers Market double 	More space for	●more	on healthcare	pickleball court,
department	bucks	exercise and	affordable	(x3)	geared toward
)	Cost to pay for	activities	activities	activities	seniors,
Communit	membership at Warren	Improvements	more activity	(x4)	communicate
y activities,	Community Center is too	in busing public	and places to	having	where these are
education	high for some families	transportation,	meet other	health	if available
would make	(need sliding scale), make it	hard to get an	seniors	insurance (x5)	Knowledge of
people feel	more affordable for more	appointment for	having a	more jobs	what mental
healthier	families, and be allowed to	Smart bus	younger body	more mobile	health facilities
●Increase	go to other communities	because so	aerobics	clinics	or treatment is
education	community centers if their	many people	●diet	●more	available to
on health	community does not have	are on the buses	●more space	community	general public
topics	one	now, difficult to	in the senior	information	Gun control
●Increase	More educational	communicate	centers to	●communicati	and education
education	resources of what is	with smart bus	accommodate	on	on gun control
from county	available in community	about	the	lower prices	and use
on what is	 Give out vegetable plants 	appointments	population	on healthy	Educating
available	●A YMCA in the area	●Need	•free medical	food	seniors on
●More	Exercise classes at high	infrastructure to	checkups	stress relief	proper diets to
accessibility	schools (swimming) for	support senior	●low cost	●safety	stay healthier;
to resources	community	housing,	dental		diabetic cooking

they can	●Family Fun Day in the	condo's senior	●STRENGTH —
trust	area to get kids active	apartments,	lots of 5K's and
Quality of	Nutrition classes (fiber,	Need help	community
jobs (some	protein, water, vitamins,	picking out	walks, easy to
are	calories, body structure,	buying the	access them
dangerous)	metabolism what do I need	better food.	
●Need	eat for my age, vegan	More education	
playgrounds	nutrition, label reading)	on what to eat.	
	It's expensive to eat	Ways to identify	
	healthy	healthier foods	
	Need more parks in	in the store for	
	Eastpointe, need places in	those that don't	
	walking distance	know what a	
	Splash pads in community	healthy choice is	
	parks (small ones)	●More	
	Eastpointe suggested	education, more	
	Exercise classes for new	classes (health	
	moms, mom and baby	related)	
	together		
	Less chemicals in food		
	Vacant lot gardens, share		
	extra vegetables amongst		
	community members		
	 More trees needed in this 		
	area and the benefits that		
	we gain from them		

Questions 4: What would most improve the health and quality of life in your community?

ACCECC	TI	Cl' - I	Charles Calab	CL E	NA
ACCESS	Thompson	Clinton	Chesterfield	St. Francis	Mount Clemens Lions
	Center	Township	Senior Center		Club
		Senior			
		Center			
●Money	●Money	If water	●walking	education	●Better
 Safety very important 	 More public 	was	●jobs (x2)	(x13)	communication of
Healthy environment	lighting	checked for	●senior	activities	what is available to
●Education – more classes	needed	lead,	center	(x3)	residents to improve
including language classes	(doesn't feel	contaminan	improvement	●more	health
◆Classes on how to	safe on	ts	S	hospitals	 Safety of going out in
choose the right	street)	●Grateful	happy with	●more	community, public
insurance, more	●More	for what she	quality of life	recreational	areas especially for
information on true costs	education	has	●improve	activities	seniors
 (After talking to doctor, 	about	Living in	things for	(x4)	Lack of cleanliness
felt he gave him too much	health/welln	Macomb	seniors	•to know	throughout community
information (on diseases)	ess, nutrition	has made	education	about more	(litter) = why are we
makes him feel	More parks,	their life	(x2)	things	not using services of
depressed)	being able to	better (yes	having	●more	prisoners and inmates
●Find a way to have a	walk places,	responses,	more	information	to help clean up roads
better patient/doctor	ride bike and	multiple)	recreational	/resources	
relationship	feel safe		activities	(x5)	

•Other treatment options	Some place	●Roads	●a bigger	volunteers	 ●Better aesthetics will
(holistic)	safe to ride	could be	senior	●non	help people get out
Health information is too	bikes (biking	improved	community	discriminati	more often
commercial (not enough	trail, or paths	●Their	less stress	on	Sidewalk repair will
humanity)	like on Metro	community	diet and	●being	help get out of house,
■Want to make county	Parkway),	knitting	exercise (x2)	accessible	and lack of sidewalks is
strong = health and	uncomfortabl	group has	●more	to everyone	an issue (general
education	e in the	made their	activities	●more	maintenance, repair
●Problems with some	street	life better,	•the air	Spanish	of infrastructure)
doctors taking all	Transportat	it's a great	friends	speaking	Easier interface with
insurances, hard to find a	ion for senior	way to	feeling safe	staff	MICHILD and DHS –
doctor	citizens (in	cope, feel	healthcare	better jobs	this is a night mare
 Coming from a country 	Eastpointe)	better after	costs	(x3)	 Better coordination
that has low cost health	to take them	getting	transportati	●more	of services,
care and medications, this	to gym, or	together,	on	information	communication of
is a culture shock	other places	laughing,	housing	in Spanish	departments, reduce
Differences in co pay	Education	and have a	costs	•less stress	duplication of services
costs are issues	on nutrition,	good time	long term	●the	underneath the county
 Need more good quality 	more access		costs	community	umbrella, fill in gaps of
free clinics for those	to proper			•safer	things the services are
without health insurance	food			community	not covering
Jobs that pay more	 Walkability 			,	Health information,
money are needed, not	to stores				medical records,
able to save money	 Access to 				accessible by other
●Didn't tell you that they	public				medical providers so
would charge for 911,	transportatio				you don't have to
ambulance fees	n .				repeat history to every
Billing issues from	 More focus 				person you saw for
hospitals (confusing,	on holistic				care, allows them to
expenses) need one	approach to				work on problems
system for all hospitals	health				instead of starting a
Make doctors accept all					new record at each
kinds of insurance, do not					office or each provider
allow them to refuse					Suggestion:
certain insurances					Community by in to
					prevention, challenge
					Macomb county to
					become the healthiest
					county,
					maybe get Mark Hackel
					to by in, more walks
					along river, community
					clean ups, engage that
					provention piece

prevention piece

Community Members Who Participated

ACCESS

Kshama Vaghela

Advantage Health Center

Roxanne McDuffie

CARE of Southeastern MI

Paddy Laske

Clinton River Watershed

Michele Arquette-Palermo

Great Start Macomb

Sara Garasoulas

Lisa Sturges

Henry Ford Health Center

Amanda Krieg

Debora Murray

Kelly Warner

Macomb County Health Department

Michele Ford

Partow Guity

Rene Hewitt-Lichota

Whitney Litzner

Ashley Mascagni

Susan Rhein

Bill Ridella

Lauren Scipione

Maria Swiatkowski

Ricki Torsch

Krista Willette

Cheryl Woods

McLaren Macomb Hospital

Kelley Lovati

Molina Healthcare

Gregory Matzelle

MyCare Health Center

Darlene Vasi

Karen Wood

Smart Bus

Lauri Cowhy

Welcome Mat Detroit

Mary Lane

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APPENDIX

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Macomb County Health Department Community Health Assessment

VISION STATEMENT

A diverse, caring and engaged community where everyone works together to achieve optimum health.



COMMUNITY VALUES

Equity: We value a community where everyone has a fair chance to lead a healthy life.

Cultural Acceptance: We value a community that promotes respect and diversity to all.

Knowledge: We value a community where residents have the knowledge and education to achieve and maintain healthy lifestyles.

Shared Responsibility: We value a community where residents take responsibility for their health and where health leaders provide support.

Trust and Respect: We value a community where trust and respect flourish.

Wellness: We value a community that promotes healthy behaviors to reduce disease and promote overall health.

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The Macomb County Health Department

Needs Your Input

Your participation in this three to five minute survey will help us identify the most important health concerns in Macomb County right now and enhance future services.

TAKE THE SURVEY ONLINE AT www.surveymonkey.com/r/MCcomhealth



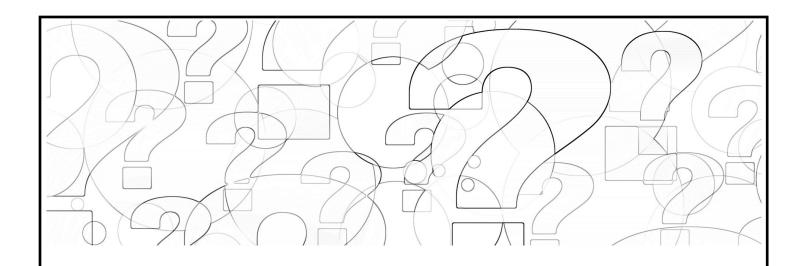
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Community Focus Group

We are looking for 12 Macomb County residents who would like to share their thoughts and opinions about health in Macomb County. Individuals must be 18 years or older, able to commit to the entire time frame, and live in Macomb County.

If you are interested please sign up at the Health Department Resource Table.

(Near the WIC office entrance.)

Thursday, June 2 12:00-1:30PM

Thompson Center
WIC Education Room
11370 Hupp Avenue
Warren, MI

All focus group participants will receive a \$20 Speedway Gift Card.

Lunch will be provided.





Seats are limited to 12 participants so please RSVP today to reserve your spot in the focus group.

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Your input matters! Take the 2015 Macomb County Community Health survey and tell us your thoughts and opinions on improving health and wellness in Macomb County. In partnership with community organizations, your answers will help us to identify the most pressing health concerns and assist with future improvement efforts!

1. What do you think are the most important factors that would improve the quality of life in Macomb County? Select

	up to five.							
	Access to affordable, healthy food in	everyone's		Livir	ng in a cleane	r and healt	hier environn	nent (air
	community.			qua	lity, water qu	ality, etc)		
	Access to affordable housing for eve	ryone		Low	er disease rat	tes		
	Access to healthcare/medical screen			Moi	re access to tr	ansportati	on	
	Appreciation of social and cultural di	_			re jobs and a s	•		
	people, activities)	/ (/	П		re programs a	_	•	the
	Improved local 24-hour police, fire a	nd rescue			nmunity and p			
	services, emergency services	ia rescue			re resources a		•	orvernent.
	Increased access to parks and recrea	tion (walk-	_					
Ш	ability, bike-ability)	tion (waik-		•	port during ti			ممناطم
	• • • • • • • • • • • • • • • • • • • •	4-1			uced rates of		noience/chila	abuse
	Less violence/crime (safer neighborh	oods)		Oth	er (please spe	ecity)		
2.	Considering the following community following statements (please select	•		you				
			Stror		Somewhat	Neither	Somewhat	Strongly
			Agre	е	Agree	Agree or	Disagree	Disagree
Thous		and fourilies				Disagree		
	are support networks for individuals g times of stress and need	and families	5		4	3	2	1
	are jobs available in the community		5		4	3	2	1
	mb County is a safe place to live		5		4	3	2	1
	mb County is a good place to grow old		5		4	3	2	1
	access to the resources I need to stay		5		4	3	2	1
	II, Macomb County has good environr		5		4	3	2	1
3.	Which of these medical conditions of Macomb County? Please select up to Alzheimer's/Dementia Asthma Cancer	=	uctive			Kidney D	isease	
		☐ Heart Disease				Stroke		
4.	What other health issues do you fee Please select up to three options.			shou	uld be addres			•
	Accidental injuries	☐ Infectious Di					er Quality	
	Alcohol Misuse	☐ Mental Heal				☐ Oth	er:	
	Air quality	□ Nutrition/Ea	_		ers			
	Disabilities	□ Oral/Dental						
	Drug Misuse	☐ Sexually Tran	nsmitte	ed				
	Healthy Pregnancy	Disease						
	Immunizations	Suicide						

5.		How would you rate your own p	ersona	al health?			
		☐ Very Healthy		Healthy		omewhat lealthy	☐ Unhealthy
6.		What do you feel are barriers to	gettin	g healthcare where yo	u live?	Please selec	t up to three options.
		Cost		Lack of doctors			I have no barriers
		Doctors do not speak my		Location of health ca	re		Other:
		language		Lack of transportatio			
		Fear or distrust of the health		Prescription/Medicat		t	
		care system		Too much paperwork	<		
7.		Within the past year, were you a	ble to	_	re?		
		□ Yes		□ No			☐ Did not need
8.		If no please explain:					
9.		How do you pay for healthcare?	Please	e check all that apply.			
		Cash		Medicaid/Healthy M	ichigan		Other:
		Health insurance (private,		Plan			
		health insurance marketplace)		Medicare			
		Health insurance (work		Veterans Administra			
		sponsored)		Indian Health Service	es		
10.	_	Where do you usually go for prin	nary h				
		Emergency Room/Hospital		[Cost/Free C	
		Urgent Care				n't go anywh	
		Private Doctor Office		l	Othe	er	
11.		Where do you receive information	on abo	•		ase select al	• • •
		Doctor/medical Provider			е		
		Internet		,			Other
		TV					
		Health Department		Community Organiz	ations		
12.		Where do you live in Macomb Co	ounty?	?			
		I do not live in Macomb	[☐ Grosse Pointe Sho	res	[Richmond
		County	[☐ Harrison		[Romeo
		Armada	[□ Lenox		[Roseville
		Bruce Township	[Macomb Township)	[Shelby Township
		Center Line	[☐ Memphis		[St. Clair Shores
		Chesterfield	[. ☐ Mount Clemens		[Sterling Heights
		Clinton Township	[□ New Baltimore		[☐ Utica
		Eastpointe		□ New Haven		١	Warren
	П	Fraser				ı	WarrenWashington Township
		Trasci	L	□ Ray		L	- wasiiiigton townsiip
13.		Zip code where you live:					

14.	Where do you work in Maco	mb County?			
	I do not work in Macomb		Grosse Pointe Shores		Richmond
	County		Harrison		Romeo
	Armada		Lenox		Roseville
	Bruce Township		Macomb Township		Shelby Township
	Center Line		Memphis		St. Clair Shores
	Chesterfield		Mount Clemens		Sterling Heights
	Clinton Township		New Baltimore		Utica
	Eastpointe		New Haven		Warren
	Fraser		Ray		Washington Township
15.	How long have you lived in	Macomb Cou	nty?		
	Less than 2 years		6-10 years		I do not live in Macomb
	2-5 years		Over 10 years		County
16.	What is your age?				
	18-26		36-45		56-64
	27-35		46-55		65 or over
17.	What is your gender?				
	Male	□ Fema	ale	Prefer r	not to disclose
18.	Race/Ethnicity you most ide	ntify with			
	African American/Black		lative American	□ Mu	ltiracial
	Asian/Pacific Islander		Arab American/Chaldean	□ Oth	ier
	Hispanic/Latino	□ V	White/Caucasian	□ Pre	fer not to disclose
19.	Primary Language				
	English	Polish	☐ Albanian		□ Other
	Spanish	German	☐ Bengali		
	Arabic	French	☐ Ukrainian		
	Chaldean	Hmong			
20.	Education Level				
	Less than high school		College Degree		Other
	High school Diploma/GED		Post Graduate Degree		
21.	Annual household income				
	Less than \$10,000		\$30,000-\$49,000		\$80,000-\$129,000
			\$50,000-\$79,000		\$130,000+

22.	Are you currently employ	yed?			
	Not employed	☐ Self Employed	☐ Employed	Part Time	Employed Full Time
23.	If not working, what is th	he main reason?			
	III or disabled	☐ Taking car	re of family	☐ Other	r
	Seeking work	☐ Need train	ning/education		
	Retired	☐ In school			
24.	How did you learn about	t this survey?			
	Online/Website	☐ Email		☐ Social Me	edia (Facebook,
	Church	□ Newsletter		Twitter)	
	Community Organization	□ Newspaper		☐ Workplac	ce
	Community Meeting	☐ Personal Co	ontact	□ Other	
25.	Do you have any other co	omments, questions, or cor	ncerns?		

Macomb County Community Health Assessment Survey

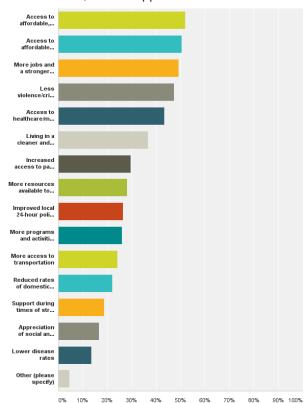
Tuesday, July 05, 2016 4071 Total Responses

Date Created: Monday, October 26, 2015

Complete Responses: 3976

Q1: What do you think are the most important factors that would improve the quality of life in Macomb County? Select up to five.

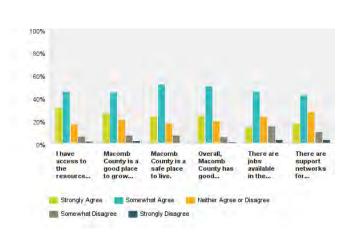
Answered: 4,001 Skipped: 70



Ansı	wer Choices	Respon	ses
	Access to affordable, healthy food in everyone's community	52.01%	2,081
-	Access to affordable housing for everyone	50.44%	2,018
	More jobs and a stronger economy	49.31%	1,973
	Less violence/crime (safer neighborhoods)	47.31%	T,893
	Access to healthcare/medical screenings	43,44%	1,738
	Living in a cleaner and healthier environment (air quality, water quality, etc)	36,84%	1,474
	Increased access to parks and recreation (walk-ability, bike-ability)	29,69%	1,188
٠,	More resources available to schools	28.14%	1,126
	Improved local 24-hour police, fire and rescue services, emergency services	26.44%	1,058
	More programs and activities to support the community and promote community involvement	26.02%	1,041
	More access to transportation	24.14%	966
	Reduced rates of domestic violence/child abuse	22.09%	884
	Support during times of stress and crisis	18.75%	750
	Appreciation of social and cultural diversity (events, people, activities)	16.72%	689
ī	Lower disease rates	13,52%	541
	Other (please specify)	4.50%	180
ota	Respondents: 4,001 98		

Q2: Considering the following community factors, please indicate your level of agreement with each of the following statements:

Answered: 3,936 Skipped: 135

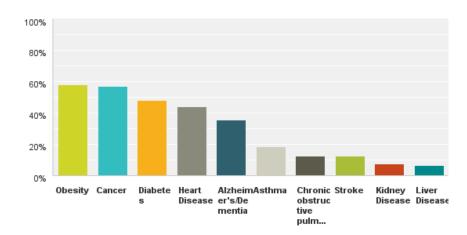


	Strongly Agree	Somewhat Agree	Neither Agree or Disagree	Somewhat Disagree	Strongly Disagree	Total
I have access to the resources I need to stay healthy.	31.11% 1,204	45.04% 1,743	16.72% 647	5.84 % 226	1.29 % 50	3,670
Macomb County is a good place to grow old.	25.76 % 997	44.64% 1,728	20.56 % 796	6.90 % 267	2.14 % 83	a,87)
Macomb County is a safe place to live.	23.66 %	51.56 % 2,005	17.07 % 664	6.97% 271	0.75 % 29	3,889
Overall, Macomb County has good environmental quality	24.21 % 935	49.84 % 1,925	19.73 % 762	5.31% 205	0.91 % 35	3,860
There are jobs available in the community.	13,81 %	45.13 % 1,752	23,00 % 893	15.12% 587	2.94% 114	3,880
There are support networks for individuals and families during times of stress and need.	17.12% 661	42.15% 1,627	27.59% 1,965	10.00% 386	3.13% 121	3,860

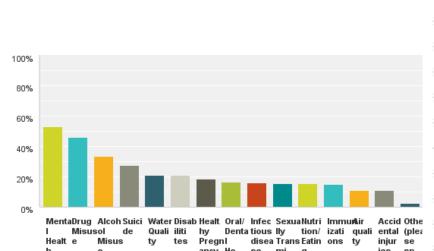
Q3: Which of these medical conditions do you feel are most important and need to be addressed in Macomb County? Please select up to three options.

Answered: 3,793 Skipped: 278

swer Choices	Responses	
Obesity	57.84%	2,194
Cancer	56.97%	2,161
Diabetes	47.88%	1.816
Heart Disease	43,87%	1,684
Alzheimer's/Dementia	35,35%	1.341
Asthma	18.35%	696
Chronic obstructive pulmonary disease (COPD)	12,73%	483
Stroke	12.65%	480
Kidney Disease	7.72%	298
Liver Disease	6.59%	250



Q4: What other health issues do you feel are most important and should be addressed in Macomb County? Please select up to three options.



swer Choices	Responses		
Mental Health	53.21%	2,02	
Drug Misuse	45.77%	174	
Alcohol Misuse	33,39%	1927	
Suicide	27.27%	T,03	
Water Quality	20.81%	79	
Disabilitites	20.76%	79	
Healthy Pregnancy	18.34%	,68	
Oral/Dental Health	16.63%	63	
Infectious disease	15.97%	60	
Sexually Transmitted Disease	15.58%	59	
Nutrition/Eating Disorders	15.45%	-58	
Immunizations	14,77%	56	
Air quality	11.19%	42	
Accidental injuries	10.83%	या	
Other (please specify)	2,29%	8	

Answered: 3,806 Skipped: 265

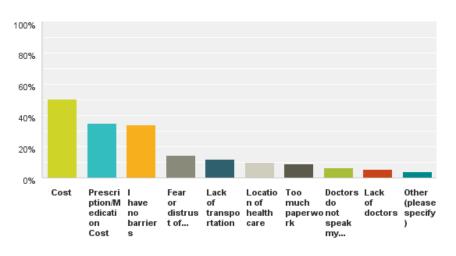
Q5: How would you rate your own personal health?

Answered: 3,876 Skipped: 195

	Very Healthy	Healthy	Somewhat healthy	Unhealthy	Very Unhealthy	Total	Weighted Average
(no	13.54%	52.79%	29.57%	3.87%	0.23%		
label)	525	2,046	1,146	150	9	3,876	224

Q6: What do you feel are barriers to getting healthcare where you live? Please select up to three options.

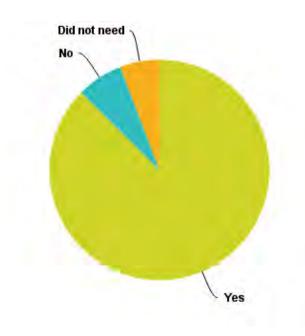
Answered: 3,763 Skipped: 308



nswer Chaices	Responses	
Cost	50.70%	T,908,T
Prescription/Medication Cost	34.92%	1.314
I have no barriers	33,88%	1,27
Fear or distrust of the health care system	14.51%	546
Lack of transportation	11.91%	448
Location of health cave	9.97%	37
Tog much paperwork	8,93%	33
Doctors do not speak my language	6.75%	25
Lack of doctors	5.29%	198
Other (please specify)	4,17%	157

Q7: Within the past year, were you able to get needed health care?

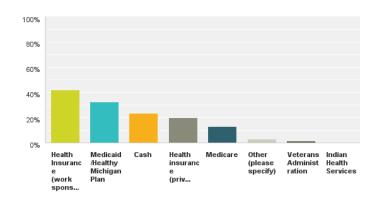
Answered: 3,843 Skipped: 228



nswer Choices	Responses	
Yes	87.38%	3,358
No	6.82%	262
Did not need	5.80%	223
otal		3,843

Q9: How do you pay for healthcare? Please check all that apply.

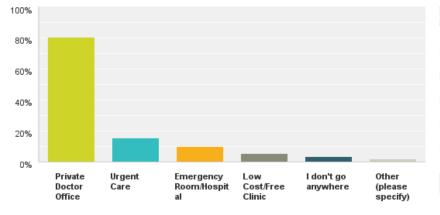
Answered: 3,822 Skipped: 249



swer Choices	Responses	
Health Insurance (work sponsored)	41.92%	1,602
Medicaid/Healthy Michigan Plan	32,44%	T:240
Cash	23.55%	900
Health insurance (private, health insurance marketplace)	19.94%	762
Medicare	12,95%	495
Other (please specify)	2,80%	107
Veterans Administration	1.47%	.56
Indian Health Services	0.13%	277
tal Respondents: 3,822		

Q10: Where do you usually go for primary health services?

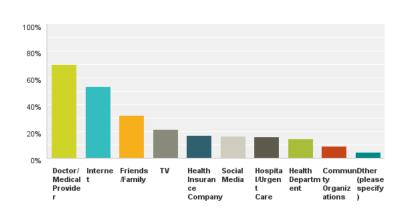
Answered: 3,843 Skipped: 228



Answer Choices	Responses	
Private Doctor Office	80.74%	3,183
Urgent Care	15.74%	605
Emergency Room/Hospital	10.04%	386
Low Cost/Free Clinic	5.39%	207
I don't go anywhere	3.43%	132
Other (please specify)	1.93%	74
Total Respondents: 3,843		

Q11: Where do you receive information about health-related topics? Please select all that apply.

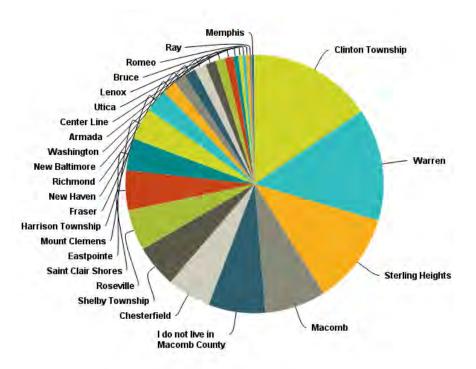
Answered: 3,794 Skipped: 277



Answer Choices	Responses	
Doctor/Medical Provider	70.03%	2,657
Internet	53,40%	2,026
Friends/Family	31.89%	T:210
TV	21.40%	813
Health Insurance Company	16.79%	630
Social Media	16.63%	631
Hospital/Urgent Care	15.95%	608
Health Department	14.52%	35
Community Organizations	8.83%	335
Other (please specify)	4,35%	168
otal Respondents: 3,794		

Q12: Where do you live in Macomb County?

Answered: 3,770 Skipped: 301

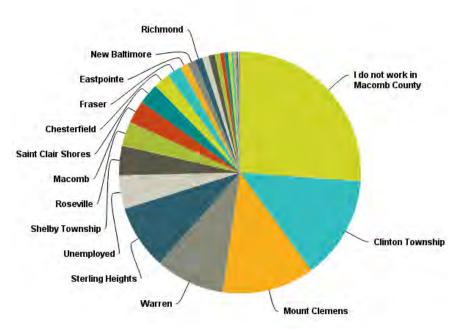


nswer Choices	Responses	
Clinton Township	15.49%	58
Warren	14.08%	58
Sterling Heights	11.43%	48
Macomb	7.64%	28
I do not live in Macomb County	7.16%	27
Chesterfield	5.49%	20
Shelby Township	5.33%	20
Roseville	5.09%	15
Saint Clair Shores	4.99%	18
Eastpointe	4.03%	1.5
Mount Clemens	4.01%	1
Harrison Township	2,92%	1
Fraser	1.70%	0
New Haven	1.51%	
Richmond	1.49%	10
New Baltimore	1.43%	3
Washington	1.33%	- 8
Armada	1.47%	
Center Line	1.06%	9
Utica	0.64%	- 6
Lenox	0.50%	
Bruce	0.42%	
Romeo	0.42%	
Ray	0.34%	
Memphis	0.27%	
Grosse Pointé Shores	0.05%	
ital		3,77

108

Q14: Where do you work in Macomb County?

Answered: 3,044 Skipped: 1,027



Answer Choices	Responses	
I do not work in Macomb County	26,15%	796
Clinton Township	13.83%	421
Mount Clemens	12,32%	37
Watren	9,23%	28
Sterling Heights:	8.64%	26
Unemployed	4.47%	13
Shelby Township	3.94%	12
Roseville	3,29%	1.0
Macomb	3.06%	.9
Saint Clair Shores	2.79%	8
Chesterfield	2.14%	1.6
Frasel	1.94%	5
Eastpointe	1.08%	3
New Baltimore	1.08%	3
Richmond	0.99%	.3
Center Line	0.85%	2
Harrison Township	0.85%	(2
Washington	0.69%	13
Litica	0.59%	d
Armada	0.49%	1
Romeo	0.43%	1
Grosse Pointe Shores	0.33%	1
Lenox	0.20%	
Memphis	0.20%	
New Haven	0.20%	
Bruce	0.13%	
Ray	0.10%	
otal		3,04

109

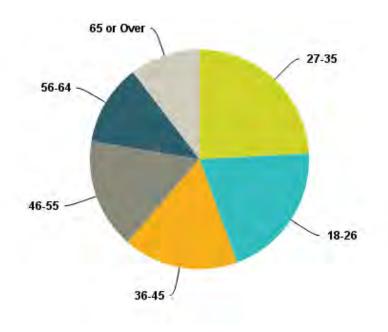
Q15: How long have you lived in Macomb County?

Answered: 3,752 Skipped: 319



Q16: What is your age?

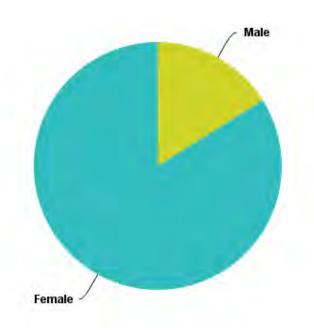
Answered: 3,732 Skipped: 339



Inswer Choices	Responses	
27-35	24.14%	901
16-26	20.28%	787
36-45	16.99%	,634
46-55	16.24%	606
56-64	11.98%	747
65 or Over	10.37%	387
otal		3,732

Q17: What is your gender?

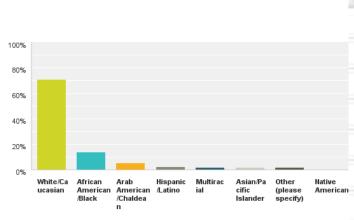
Answered: 3,687 Skipped: 384



Answer Choices	Responses	
Male	16.11%	594
Female	83.89%	3,093
Total		3,687

Q18: Race/ethnicity you most identify with

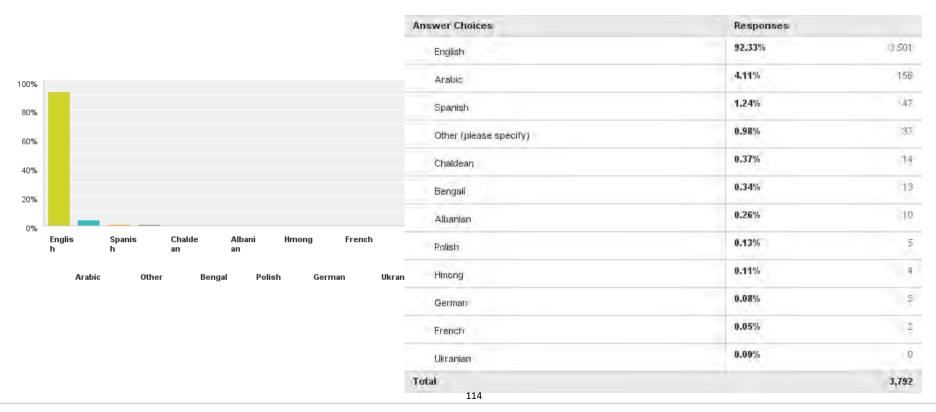
Answered: 3,743 Skipped: 328



Answer Choices	Responses	
White/Caucasian	71.23%	2,686
African American/Black	14,13%	529
Arab American/Chaldean	5.34%	200
Hispanic/Latino	2.51%	94
Multiracial	2.06%	נל
Asian/Pacific Islander	2.03%	76
Other (please specify)	2,00%	75
Native American	0.69%	26
Total		3,743

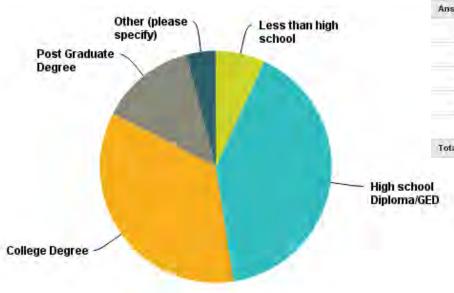
Q19: Primary Language

Answered: 3,792 Skipped: 279



Q20: Education level

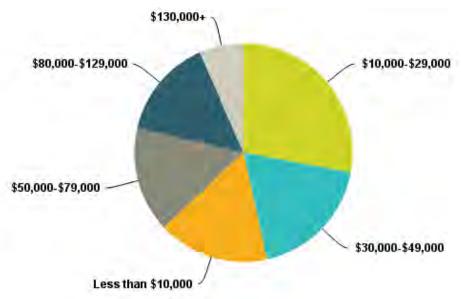
Answered: 3,714 Skipped: 357



Answer Choices	Responses	
Less than high school	6.89%	256
High school Diploma/GED	40,66%	1/510
College Degree	35,08%	1,303
Post Graduate Degree	13,27%	493
Other (please specify)	4.09%	152
Total		3,714

Q21: Annual household income

Answered: 3,506 Skipped: 565



Answer Choices	Responses	
\$10,000-\$29,000	27.92%	979
\$30,000-\$49,000	18.60%	652
Less than \$10,000	16.49%	578
\$50,000-\$79,000	15.60%	547
\$80,000-\$129,000	14.86%	521)
\$130,000+	6.53%	229
rotal .		3,506

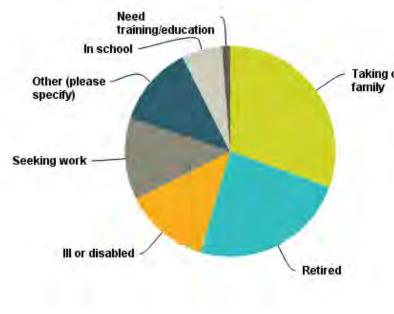
Q22: Are you currently employed?

Answered: 3,749 Skipped: 322



Q23: If not working, what is the main reason?

Answered: 1,405 Skipped: 2,666

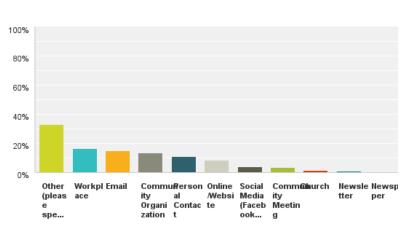


Taking	care of
family	

Answer Choices	Responses	
Taking care of family	30.53%	429
Retired	24.06%	338
III or disabled	12.95%	182
Seeking work	12.53%	176
Other (please specify)	12.46%	175
In school	6.19%	87
Need training/education	1.28%	18
Total		1,405

Q24: How did you learn about this survey?

Answered: 3,337 Skipped: 734



nswer Choices	Responses	
Other (please specify)	32.90%	1,098
Workplace	16.54%	550
Email	15.04%	500
Community Organization	13.28%	44:
Personal Contact	10,97%	360
Online/Website	8.48%	28
Social Media (Facebook, Twitter, etc)	3.81%	12
Community Meeting	3.48%	11
Church	1.29%	4
Newsletter	0.81%	2
Newspaper	0.36%	-1
otal Respondents: 3,337		

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Priority Summary Summary of the top priorities from each of the four assessment teams

Forces of Change Assessment

- Cost of Healthcare
- Increased Disease/Chronic Disease
- Increased Substance Abuse
- Cost of Education

- Growing Immigrant Population
- Violence
- Growing Aging Population
- Climate Change

Community Themes and Strengths Assessment

- Access
 - o Food
 - o **Healthcare**
 - Insurance cost, healthcare cost, prescription drug cost
 - Housing
 - o Jobs
- Chronic Disease

- Obesity
- o Diabetes
- o Cancer
- Heart Disease
- Mental Health
- Drug Abuse/Substance Abuse
- Communication and Education
- Safety/Built Environment

Community Health Status Assessment

- Access to Care
 - o Healthcare Access
 - No Coverage
 - o No selected provider
- Chronic Disease
 - o Heart Disease
 - High blood pressure
 - o Cancer
 - o Stroke
- Behavioral Risk Factors

- Weight status
- o Physical activity
- o Tobacco use
- Fruit and Vegetable Consumption
- o Drug Use
- Maternal and child health
 - o Low birthweight
 - Infant mortality
 - o Prenatal care
 - o Pregnancy and tobacco use

Local Public Health Status Assessment

- Need for more integration among leaders of County programs and services
- Lack of knowledge about public health programs and services offered at agencies and partners in Macomb County
- The lack of knowledge at these partnering agencies directly correlates to the lack of knowledge within the resident of our community surrounding available public health programs and services.
- Essential Services to focus on:
 - Essential Service 1: Monitor health status to identify community health problems

- Essential Service 3: Inform, educate, and empower people about health issues
- Essential Service 4: Mobilize community partnerships and action to identify and solve health problems
- Essential Service 7: Link people to needed personal health services and assure the provision of health care when otherwise unavailable
- Essential Service 8: Assure competent public and personal health care workforce
- Essential Service 9: Evaluate effectiveness, accessibility, and quality of personal and population-based health services

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Macomb County Assets and Resources

The following pages include maps and resources used in developing themes and conducting the community assessments.

- Macomb County Existing Community Resources
- Medicaid Dental Providers
- Macomb County Percentage of Individuals below poverty level
- Macomb County Public Transportation Routes and Poverty
- Macomb County Recreation Opportunities
- Macomb County Food Access Report
 - Low-income census tracts where a significant number or share of residents is more than 1 mile (urban) or 10 miles (rural) from the nearest supermarket
 - Low-income census tracts where a significant number or share of residents is more than 1/2 mile (urban) or 10 miles (rural) from the nearest supermarket.
 - Low-income census tracts where a significant number or share of residents is more than 1 mile (urban) or 20 miles (rural) from the nearest supermarket.
 - Low-income census tract where more than 100 housing units do not have a vehicle and are more than ½ mile from the nearest supermarket, or a significant number or share of residents are more than 20 miles from the nearest supermarket
 - Tracts with a poverty rate of 20% or higher, or tracts with a median family income less than 80% of median family income for the state or metropolitan area.
 - Tracts in which at least 500 people or 33% of the population lives farther than 1 mile (urban) or 10 miles (rural) from the nearest supermarket.
 - Tracts in which at least 500 people or 33% of the population lives farther than 1/2 mile (urban) or 10 miles (rural) from the nearest supermarket.
 - Tracts in which at least 500 people or 33% of the population lives farther than 1 mile (urban) or 20 miles (rural) from the nearest supermarket.
 - Tracts in which more than 100 households have no access to a vehicle and are more than 1/2 mile from the nearest supermarket.

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Macomb County Existing Community Resources

The below listed resources were used when conducting the assessments. While not an exhaustive list of resources, at the time of this plans writing, these were the most widely known and utilized resources.

PARKS AND TRAILS

<u>Local Parks and Recreation Departments</u>

Armada Township Parks Department

http://www.armadatwp.org/parks-department

Center Line Parks and Recreation

http://www.centerline.gov/parks-recreation

Chesterfield Parks and Recreation

https://parks.chesterfieldtwp.org/

Clinton Township Parks

http://clintontownship.com/parks.html

Clinton Township Recreation

http://clintontownship.com/recreation.html

Harrison Township Parks and Recreation

http://www.harrison-township.org/residents/parks and recreation/index.php

New Baltimore Parks and Recreation

https://nbrecreation.org/Default.aspx?id=1

Richmond Parks and Rec

http://www.cityofrichmond.net/196/Parks-Recreation

Romeo-Washington-Bruce

http://www.rwbparksrec.org/

Roseville/Eastpointe

http://www.roseville-mi.gov/departments/recreation_authority/index.php

http://www.recreationalauthority.com/

Shelby Township

http://www.shelbytwp.org/departments/prm/

St Clair Shores Parks and Rec

http://www.scsmi.net/index.aspx?NID=303

Sterling Heights Parks and Rec

https://www.sterling-heights.net/339/Parks-Recreation

Warren Parks and Rec

http://cityofwarren.org/index.php/parks-and-rec

Metropark Information

The Huron-Clinton Metroparks consist of 13 beautiful parks, covering over 25,000 acres throughout southeast Michigan, encompassing Livingston, Macomb, Oakland, Washtenaw and Wayne counties.

Macomb County is home to

Lake St. Clair Metropark

Wolcott Mill Metropark

Stony Creek Metropark

Use the <u>Metroparks Activity Locator</u> to search for park amenities including picnic shelters, play areas, splash pads, sports and more.

Park Resources

Out and About in Macomb County

http://hkhf.macombgov.org/sites/default/files/content/government/hkhf/pdfs/OutandAbout20 15.pdf

Shelby Township Parks and Facilities

http://www.shelbytwp.org/departments/prm/images/Images/201718%20Park%20Info%20book let.pdf

St Clair Shores Things to Do

https://indd.adobe.com/view/1e44e577-4473-473a-8bfd-4b177df2e643

Summer Fun in Macomb County

http://media.wix.com/ugd/ca7038 ed12166e35224fa68d51c1b2c24f36c4.pdf

TRAILS

You can find trails (paved, dirt or gravel) at nearly all of the parks listed above.

The <u>Macomb Orchard Trail</u> features 23.5 miles of smooth pavement and links to 180 miles of trails in southeast Michigan.

For a list of trails in Macomb County, visit Michigan Trails at http://www.michigantrails.us/macomb-county-michigan-trails.html

For a list of trails in the state, visit American Trails at http://americantrails.org/resources/statetrails/MIstate.html

The SEMCOG <u>Park Finder</u> or <u>Metroparks Activity Locator</u> to find more trails by setting the search filter.

Bike trails courtesy of Macomb Bike https://www.macombbike.com/about/trail-maps-pg61.htm

SPORTS TEAMS

Northeast Adaptive Recreation Softball League

Players with developmental and physical Impairments, ages 12 years through adult are welcome to join.

Clinton Valley Little League

Children 5 - 18 years of age who have mental or physical disabilities are welcome to join this team.

Little League Challenger

https://www.littleleague.org/play-little-league/challenger/about-challenger/

MI Challengers Team (Basketball)

michallengers@gmail.com

Pride of Trilogy Special Needs Cheerleading

http://mcsa.me/trilogy/

Elite Cheer Michigan

www.elitecheer-Michigan.com

AYSO VIP Soccer

The mission of the AYSO VIP Program is to provide a quality soccer experience for individuals whose physical or mental disabilities make it difficult for them to successfully participate on mainstream soccer teams. Successful participation is defined by the player's enjoyment and the safety of all team members.

http://www.ayso.org/play/vip/

FACILITIES

Play Place for Autism

Play-Place for Autistic Children is a 501(c)3 nonprofit organization located in Sterling Heights, MI. Play-Place's mission is to provide a fun-filled, judgment-free, haven of hope for families affected by autism and other special needs. Play-Place is open to all ages, all cognitive levels, and all special needs.

www.autisticplayplace.org

Team GUTS

Team GUTS[™] is committed to improving the health, fitness and overall well-being of those in our community with special needs and disabilities. We are doing this by offering various adaptive fitness programs in a fun and recreational setting. All Team GUTS[™] program sessions include eight (8) classes.

http://www.teamgutsmichigan.com/

Inclusively Fit

Inclusively Fit is a 5,000 square foot, fully staffed and equipped fitness facility. The center is designed to offer exercise and fitness programs for the special needs community and is located in Sterling Heights, MI.

http://inclusivelyfit.com/

St. Francis Camp

St. Francis Camp on the Lake serves children and adults with developmental disabilities. Our personalized day, residential and weekend camp experiences provide opportunities to participate in new and challenging activities which promote social, emotional, and physical development.

http://www.saintfranciscamp.org/

PROGRAMS AND CLASSES

Michigan State University Extension

Michigan State University Extension offers various classes and programs about healthy lifestyles, including physical activity. Visit their physical activity website for a complete list of programs.

Disease Prevention and Management

The following workshops are offered in convenient, easily accessible community locations and are offered for free or low cost.

Personal Action Toward Health (PATH)

<u>Diabetes Personal Action Toward Health (Diabetes PATH)</u> <u>Diabetes Prevention Program</u>

Community Education

Some school districts in Macomb County provide community education programs.

Chippewa Valley: http://www.chippewavalleyschools.org/departments/community-ed/

Lake Shore: www.scscommunityed.org

L'Anse Creuse: http://www.lc-ps.org/programs/community-education/

Roseville: http://www.isd623.org/commed/

Utica: http://www.uticak12.org/cms/One.aspx?portalld=592136&pageId=5281705

Van Dyke: http://www.vdps.net/parents-and-community/

Warren Woods: http://www.warrenwoods.misd.net/our-schools/adultcommunity-education/

Additional programs and classes

OUCARES programs

www.oakland.edu/oucares

Hippotherapy Stable Possibilities (Horseback riding)

www.stablepossibilities.com

Sterling Heights Parks and Recreation

https://www.sterling-heights.net/DocumentCenter/View/5993/Sterling-Special-Summer-2018

Macomb Township Parks and Recreation

https://reach.gomtpr.org/wbwsc/webtrac.wsc/wbsearch.html?xxmod=AR&xxtype=ADREC&wbsi=f30289e4-546b-7684-3e14-91e77c59a50f

Clinton Township Parks and Recreation Adaptive Camp and Bike Club

http://online.flipbuilder.com/wknk/vgjs/mobile/index.html#p=8

http://clintontownship.com/recreation.html

Shelby Township Parks and Recreation Special Recreation Program

http://www.shelbytwp.org/new_departments/prm/special_recreation_program.html

Warren Parks and Recreation Specials Needs Programs

https://www.facebook.com/pg/warrenparksandrecreationspecialneeds/about/?ref=page_inter_nal

Romeo Washington Bruce Parks and Recreation

http://www.rwbparksrec.org/programs_br_and_amp_registration/adaptive_recreation_flyers.p

Families Exploring Down's Syndrome

www.FamiliesExploringDownSyndrome.org

Down Syndrome Guild of Southeast Michigan

www.dsgsemi.org

Silver Sneakers

https://www.silversneakers.com/

Enhance Fitness

http://www.michigan.gov/documents/mdhhs/enhance-fitness-michigan-class-

list 524581 7.pdf

RECREATION CENTERS

Macomb Township Recreation Center

https://www.gomtpr.org/recreation-center/

New Baltimore Recreation Center

https://nbrecreation.org/Default.aspx?id=87

Richmond Community Center Pool

http://www.cityofrichmond.net/Facilities/Facility/Details/Richmond-Community-Pool-9

Recreation Authority of Roseville and Eastpointe

http://www.recreationalauthority.com/

Romeo Fitness Center

http://www.rwbparksrec.org/fitness/fitness centers/index.php

Shelby Community Center

http://www.shelbytwp.org/departments/prm/shelby_community_center.jsp

Warren Community Center

http://cityofwarren.org/index.php/community-center

Washington Fitness Center

http://www.rwbparksrec.org/fitness/fitness_centers/index.php

Many of the parks and recreation departments in Macomb County also have a recreation center.

SENIOR CENTERS

Macomb County is home to multiple senior centers that offer fitness classes, exercise rooms, walking clubs and more. Some even offer computer rooms, transportation, monthly newsletters and event calendars.

Armada Senior Center

http://www.armadatwp.org/senior-center

Clinton Township Senior Center

http://clintontownship.com/senior-center.html

Roseville Senior Center

http://www.roseville-mi.gov/departments/senior center/index.php

Roseville/Eastpointe Senior Recreation

http://cms6.revize.com/revize/raremi/seniors/seniors_overview/index.php

Sterling Heights Senior Center

https://www.sterling-heights.net/397/Senior-Center

St Clair Shores Senior Activity Center

http://www.scsmi.net/index.aspx?nid=286

Tucker Senior Center, Harrison Township

http://www.harrison-township.org/resources/senior_center/index.php

SPORTS

Many of the parks in Macomb County offer sports facilities. In addition to fields and courts, some parks even offer sports equipment for free or to rent at a low cost. There are a number of sports leagues available for children and adults with development and physical impairments.

Clinton Township Sports Leagues

http://clintontownship.com/sport-leagues.html

Joe Dumar's Fieldhouse

http://www.joedumarsfieldhouse.com/sports/

Macomb Suburban Ice (skating and hockey)

https://www.suburbanicemacomb.com/page/show/365326-home

Premier Sports Center (soccer and flag football)

http://www.premiersportscenter.co/services.html

Stay and Play Social Club

http://spscdetroit.com/league_info/

Social Sports Detroit

https://socialsportsdetroit.com/

The Sports Academy Online (soccer and flag football)

http://www.thesportsacademyonline.com/

United Soccer League (soccer)

https://www.unitedsoccerleague.com/home

WALK/RUN GROUPS

Walk/Run groups offer a network of support and motivation for those looking to get physical activity. Below you can find walking groups supported by hospitals or other organizations.

Beaumont Gets Walking

Bike Dearborn

City Sneakers, Mount Clemens Running Club

Detroit Downtown Runners and Walkers

Ferndale Area Runners

Healthy Trenton

Healthy Wayne

Henry Ford Macomb Get Moving, Get Walking Club

Motor City Striders

New Haven Steppers

Run Detroit

Royal Oak Area Runners

Your Pace or Mine Rochester Hills

Mall Walking:

Most shopping centers in Macomb County open early to allow for mall walkers.

Mall Walkers Club at the Macomb Mall

Mall Walkers Club Great Lakes Crossing Outlets

Mall at Partridge Creek

ADAPTIVE RECREATION

Macomb County is home to a first-of-its-kind adaptive recreation park and playground located in Fraser. McKinley Barrier-Free Park can be enjoyed by everyone but is designed to meet the needs of people with challenges. The park features universally designed interactive playground equipment, ramped wheelchair access, accessible pathways and sensory-rich activities for the hearing and visually impaired.

https://www.metroparent.com/daily/parenting/special-needs-resources/sports-for-kids-with-disabilities-special-needs-in-southeast-michigan/

HOSPITALS

Behavioral Center of Michigan

http://www.behavioralcenter.com/

Martha T. Berry Hospital

http://www.marthatberry.org/

Henry Ford Macomb Hospital - Mount Clemens Campus

https://www.henryford.com/locations/mt-clemens-campus

Henry Ford Macomb Hospital - West Campus

https://www.henryford.com/locations/macomb

McLaren -- Mount Clemens Regional Medical Center

http://www.mclaren.org/macomb/macomb.aspx

New Haven Medical Center

http://www.communityfirsthc.org/

Saint John Macomb-Oakland Hospital

http://www.stjohnprovidence.org/macomb-oakland

St. John Medical Center - Harrison Twp.

http://www.stjohnprovidence.org/harrison/

Select Specialty Hospital - Macomb County

https://macomb.selectspecialtyhospitals.com/

Southeast Michigan Surgical Hospital

https://www.michigansurgicalhospital.com/

HEALTHCARE CLINICS

Advantage Family Health Center - Warren

Anchor Bay Clinic

Cornerstone Schoenherr Family Practice

Fairchild Family Medicine

Henry Ford Macomb Family Medicine

Henry Ford Macomb Health Center - Richmond

Homeless Health Care Project Roseville Storefront

Macomb County Health Department - Southwest Health Service Center

Macomb County Health Department - Thompson Family Resource Center

Macomb County Health Department - Verkulen Building: WIC

Macomb Family Services

McLaren Family Medicine

McLaren Macomb Family Medicine

McLaren Macomb Primary Care

McLaren Macomb Sterling Heights Pediatrics & Family Medicine

McLaren Macomb-Lakeshore Medical Center

McLaren Macomb-Warren Family & Internal Medicine

Medical Outreach Clinic

MyCare Health Center - Clinton Township - Groesbeck

MyCare Health Center - Mt. Clemens

Neighbors Caring for Neighbors

New Haven Medical Center

Village Health Family & Urgent Care

Visiting Physicians Services Primary Care Clinic/Center Line

MENTAL HEALTH

Clinton Counseling Center Comprehensive Youth Services

Downriver Mental Health Clinic Advanced Counseling Services

Easter Seals Michigan

Eastwood Clinics

Harbor Oaks Hospital

Henry Ford Macomb Hospital Mount Clemens Campus

Macomb County CMH First North

Macomb County CMH First Resources and Treatment/Southwest

Macomb Family Services Inc

New Oakland Child/Adolescent and Family Center

Perspectives of Troy PC

Saint John Macomb Hospital Behavioral Health Services

Saint John Macomb/Oakland Hospital Macomb Center Partial Hospital

SUBSTANCE ABUSE

A 1 Counseling Center Inc

Action Counseling Clinic Inc Substance Abuse Services

Arab American and Chaldean Council

Bio Medical Behavioral Healthcare Inc

Choices Counseling Center

Clinton Counseling Center Comprehensive Youth Services

Community Programs Inc Meridian Health Services

Debra L Gainor MA LLP CAADC

Downriver Mental Health Clinic Advanced Counseling Services PC

Eastwood Clinics

Macomb Family Services Inc

Michigan Diagnostic Alc and Drug Services (MDADS)

New Alternatives Inc

Perspectives Counseling Center

Premier Services of Michigan LLC

Quality Behavioral Health

Sacred Heart Rehabilitation Center Inc.

FARM TO SCHOOL

MSUE MI Farm to School

http://www.canr.msu.edu/farm to school/index

MSUE Farm to School Grant Program

http://www.canr.msu.edu/resources/mi farm to school grant program report

HOP Farm to School Directory

https://www.oakgov.com/health/partnerships/Documents/HOP%20F2S.final.pdf

MI Farm to Institute Network

https://www.cultivatemichigan.org/michigan-farm-institution-network

Cultivate Michigan

https://www.cultivatemichigan.org/faq

https://www.cultivatemichigan.org/sites/default/files/documents/2016%20How%20to%20Join

%20Cultivate%20Michigan.pdf

Michigan Farm Bureau - Macomb County

https://macomb.michfb.com/

Macomb County Farm Bureau

http://www2.michfb.com/counties/programs/50

Marketing MI Products to Schools: A Step by Step Guide

https://food-hub.org/files/resources/MIFTS Marketing Guide.pdf

HEALTH INSURANCE

Healthy Michigan Plan (MiBridges)

https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US

Health Insurance Marketplace

https://www.healthcare.gov/

Navigators/CACs

Jewish Family Services

http://www.jfsdetroit.org/

Chaldean Community Foundation

https://www.chaldeanfoundation.org/

ACCESS

http://accesshealthcaremichigan.org/

MyCare Health Center

http://mycarehealthcenter.org/outreach-enrollment/

Office of Congressman Sander Levin

https://levin.house.gov/health-insurance-marketplace-2

ORAL HEALTH

Tri County Dental Health

http://www.dentalhealthcouncil.org/

Michigan 2020 Oral Health Plan

https://www.michigan.gov/documents/mdhhs/2020 MichiganStateOralHealthPlan FINAL 511 929 7.pdf

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Head Start 0-5

Medicaid Dental Providers



- Florica Ardelean DDS, 23935 Denton, Clinton Township MI (586) 465-4505
- Wallace Colvin DDS, 69 Gratiot, Mt. Clemens MI (586) 783-7000
- Eric Romano DDS PC, 36075 Utica Rd Ste 200, Clinton Township MI (586) 792-4600

Head Start 0-5

Medicaid Dental Providers



- Narin Ghahramani DDS, 33497 23 Mile Rd Ste 140, New Baltimore MI (586) 725-6662
- Yax & Stec Dental Associates PLLC, 58144 Gratiot, New Haven MI (586) 749-3333
- Eastside Family Dentistry, 48926 Schoenherr, Shelby MI (586) 566-5660
- Painless Dental Group Drs. Abdulsattar & Shakfa, 47151 VanDyke,
 Shelby MI (586) 997-9999
- Kids Smiles Pediatric Dentistry 48621 Hayes Rd., Shelby Park Bldg. 500, Shelby MI (586) 247-5437
- Northstar Family Dentistry, 64845 Van Dyke Rd. #3, Washington Twp., MI (586) 566-5660

Head Start 0-5

Medicaid Dental Providers



- Gentle Dental, 21537 Harper, St. Clair Shores MI (586) 779-0150 (MC 7-19)
- Great Expressions, 26298 Gratiot, Roseville MI (586) 776-5015
- Pleasant Dental, 31515 Gratiot, Roseville MI (586) 295-0900
- Preferred Dental Practice, 24901 Kelly, Eastpointe MI (586) 772-2090
- Shores Dental Reflection, 31198 Harper, St. Clair Shores MI (586) 285-2000
- Roseville Family Dental, 28350 Gratiot, Roseville MI (586) 772-7800

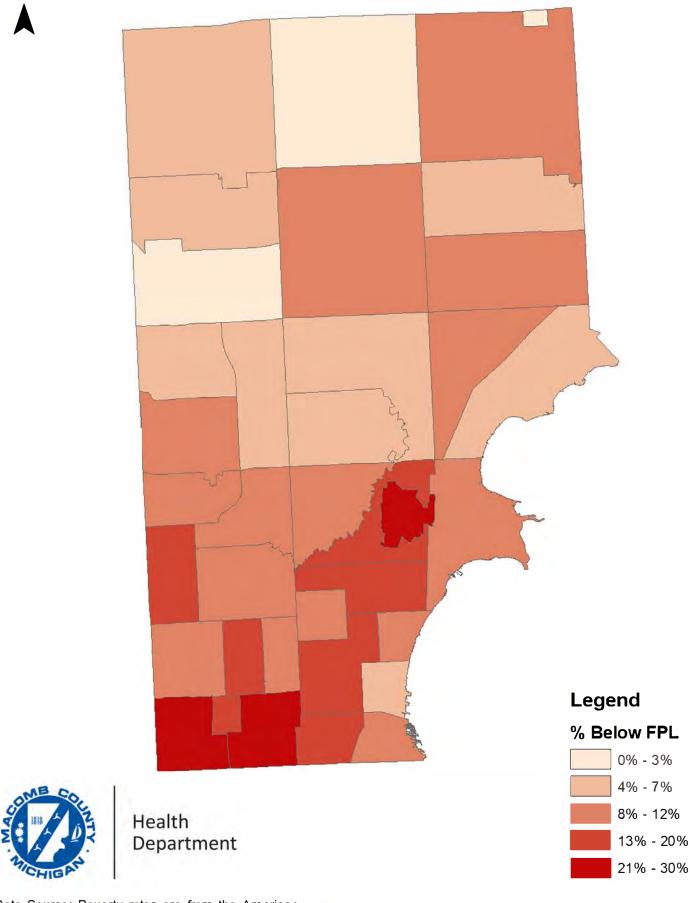
Head Start 0-5

Medicaid Dental Providers

Warren/Centerline/Sterling Heights Area:

- Ashtar Dental, 32917 Ryan, Warren MI (586) 698-2234
- Destiny Dental, 26113 Hoover Road, Warren, MI (586) 393-5686
- Dr. Eva Goiree DDS, 44627 Mound, Sterling Heights MI (586) 323-7201
- Dr. Michael Herringshaw DDS, 28315 Hoover, Warren MI (586) 573-4042
- Macomb County Dental Clinic, 27690 VanDyke, Warren MI (586) 465-9152
- Pediatric Dental Center, 11662 Martin, Warren MI (586) 754-6300 (MC 0-6)
- Dr. Sorinela Paret DDS, 28501 Ryan Ste D, Warren MI (586) 753-7000
- Universal Dental Center, 28282 Dequindre, Warren MI (586) 574-2620
- Tiny Tooth Dental, 38242 Dequindre, Sterling Heights MI (586) 795-3251
- Centerline Family Dental, 26730 VanDyke, Centerline MI (586) 756-5858
- Dr. Golek DDS, 8053 Independence Dr, Sterling Heights MI (586) 264-1270
- Dr. Steven Miller DDS, 2425 12 Mile, Warren MI (586) 558-6684
- Dr. Delaney, Plunkett, & Ralstrom 39400 Garfield, Suite 200 Clinton Twp. MI (586) 586-0700
- I. Bohay, DDS Smiles Personalized, 29500 Ryan Road, Suite C, Warren, MI 48092
 Phone: (586) 574-3050

Macomb County Percentage of Individuals below poverty level

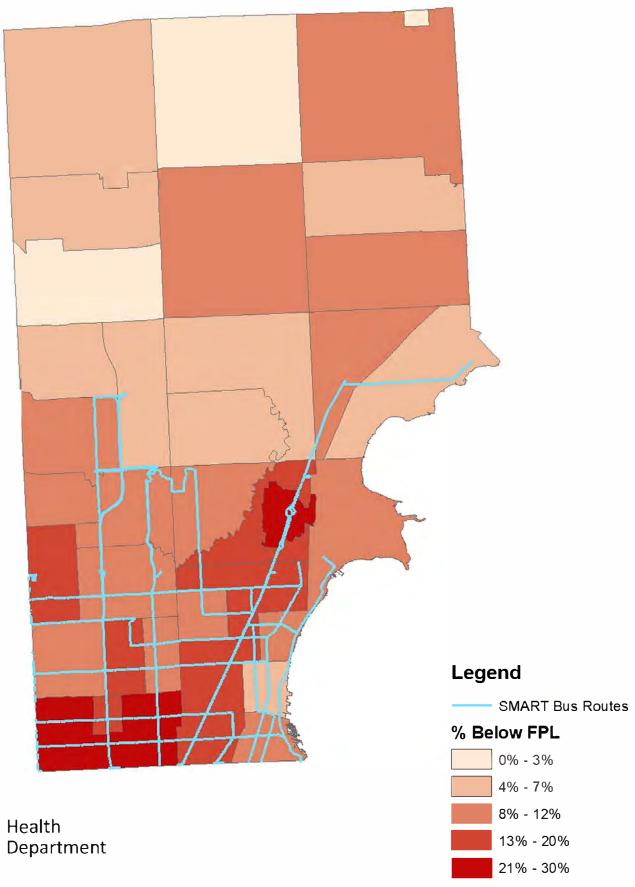


Data Source: Poverty rates are from the American Community Survey 5-Year Estimates.

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Macomb County Public Transportation Routes and Poverty



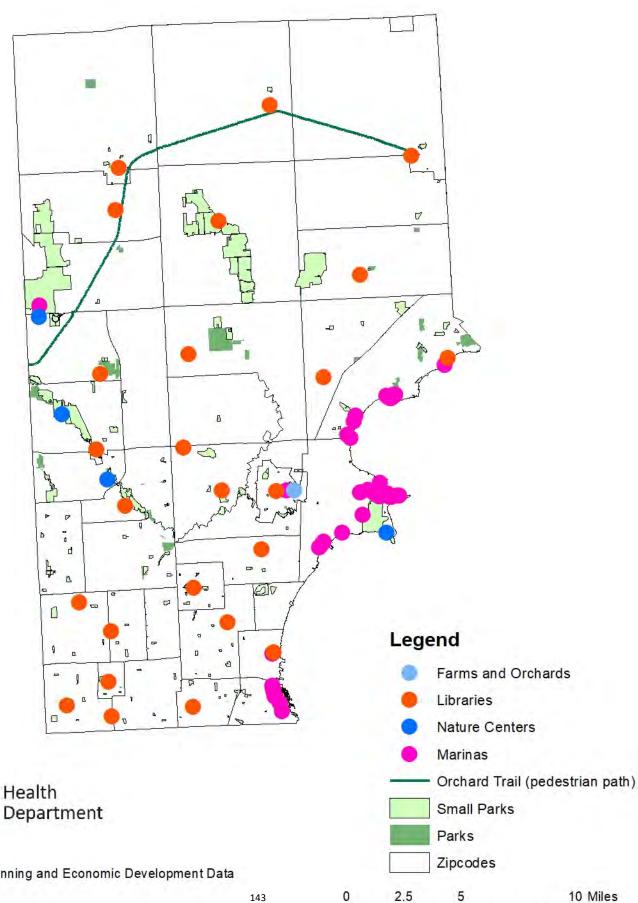


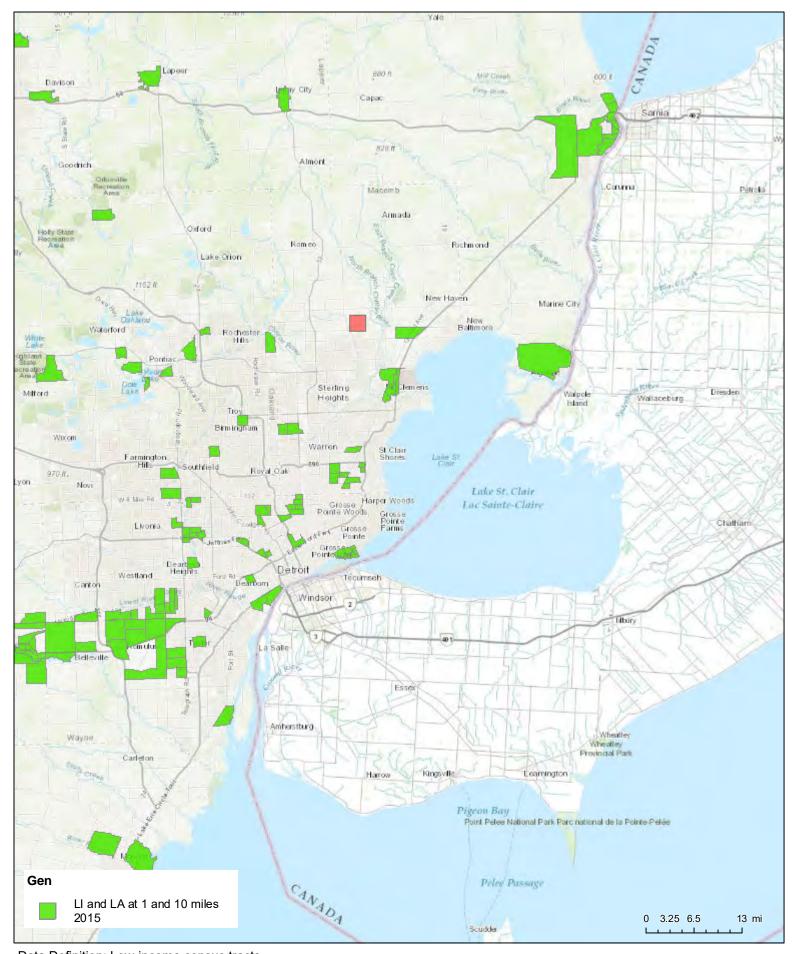
Data Source: Poverty rates are from the American Community Survey 5-Year Estimates.

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Macomb County Recreation Opportunities



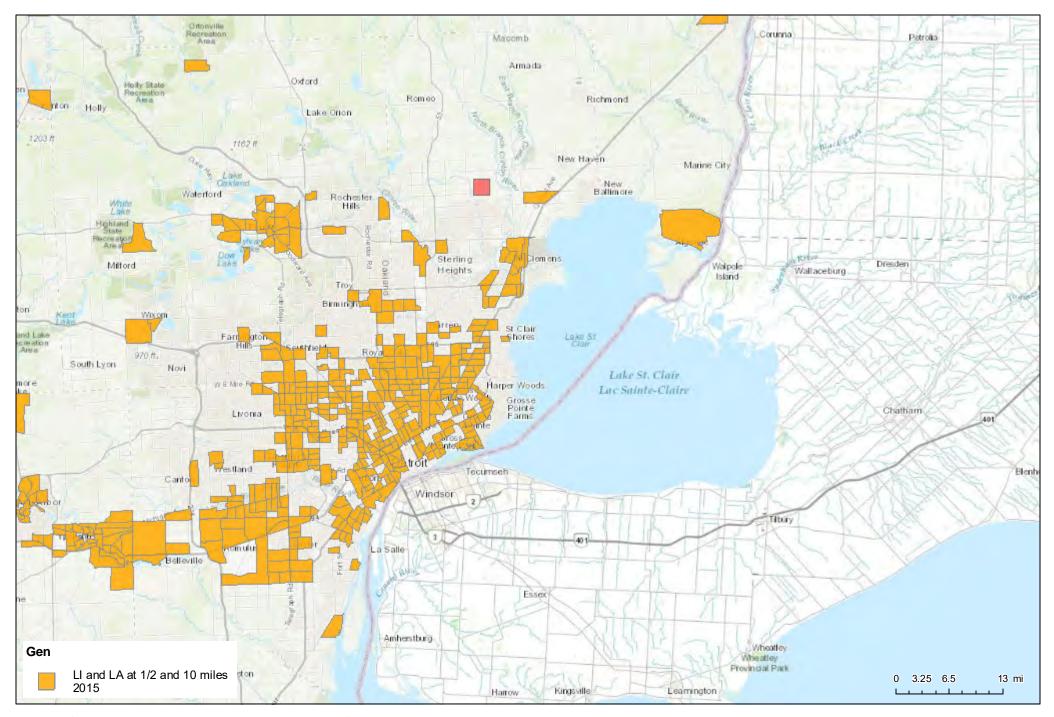




Data Definition: Low-income census tracts where a significant number or share of residents is more than 1 mile (urban) or 10 miles (rural) from the nearest supermarket.

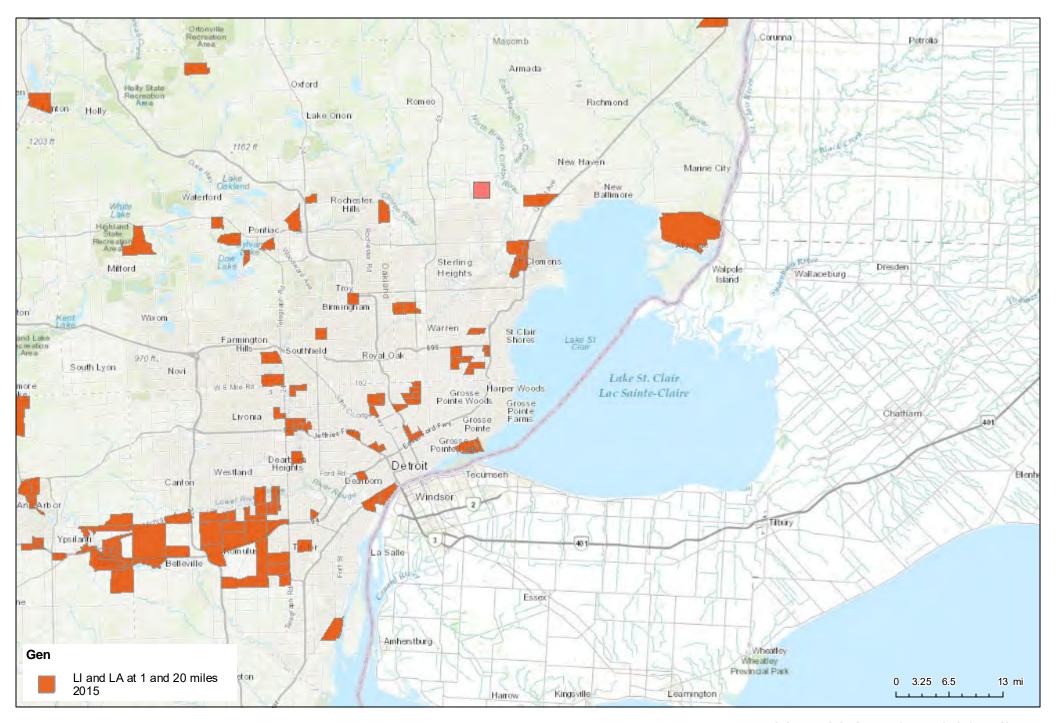
LI and LA at 1 and 10 miles

SourceatJSDA Economic Research Service, ESRI. For more information: https://www.ers.usda.gov/data-products/food-access-research-atlas/documentation



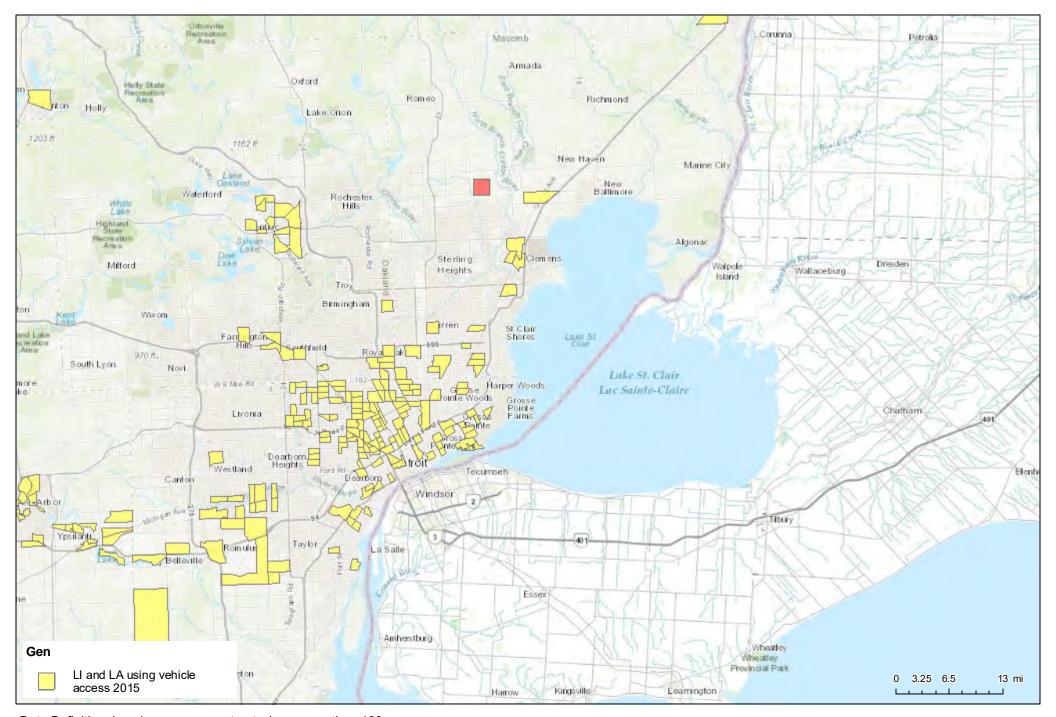
Data Definition: Low-income census tracts where a significant number or share of residents is more than 1/2 mile (urban) or 10 miles (rural) from the nearest supermarket.

LI and LA at 1/2 and 10 miles



Data Definition: Low-income census tracts where a significant number or share of residents is more than 1 mile (urban) or 20 miles (rural) from the nearest supermarket.

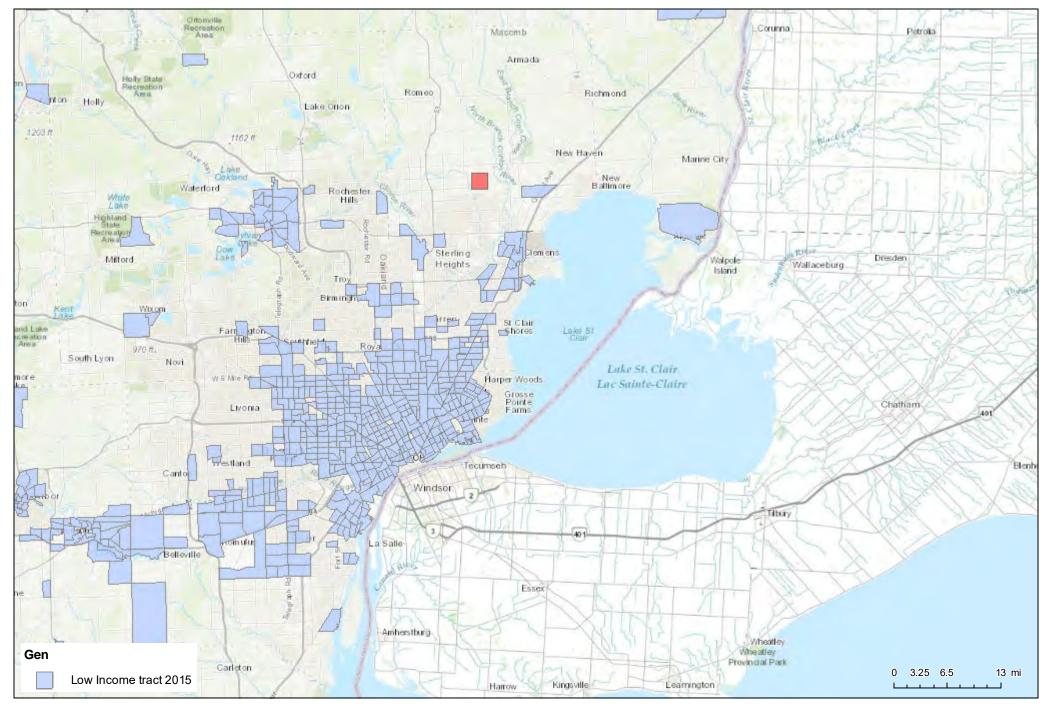
LI and LA at 1 and 20 miles



Data Definition: Low-income census tract where more than 100 housing units do not have a vehicle and are more than ½ mile from the nearest supermarket, or a significant number or share of residents are more than 20 miles from the nearest supermarket

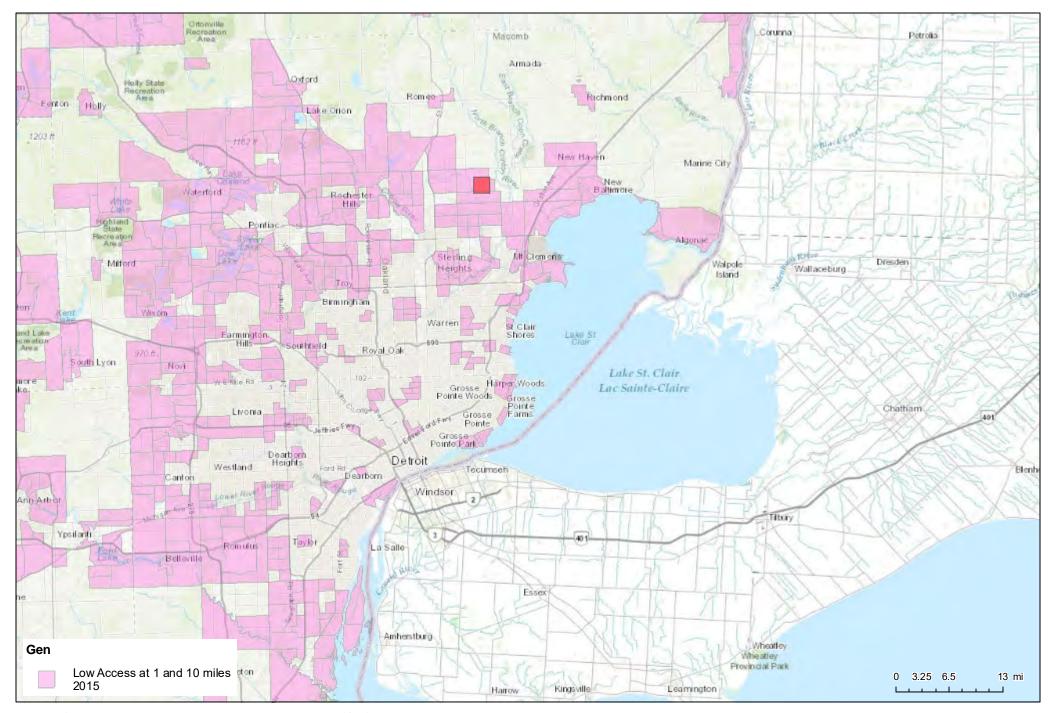
LI and LA using vehicle access

Source: USDA Economic Research Service, ESRI. For more information: https://www.ers.usda.gov/data-products/food-access-research-atlas/documentation



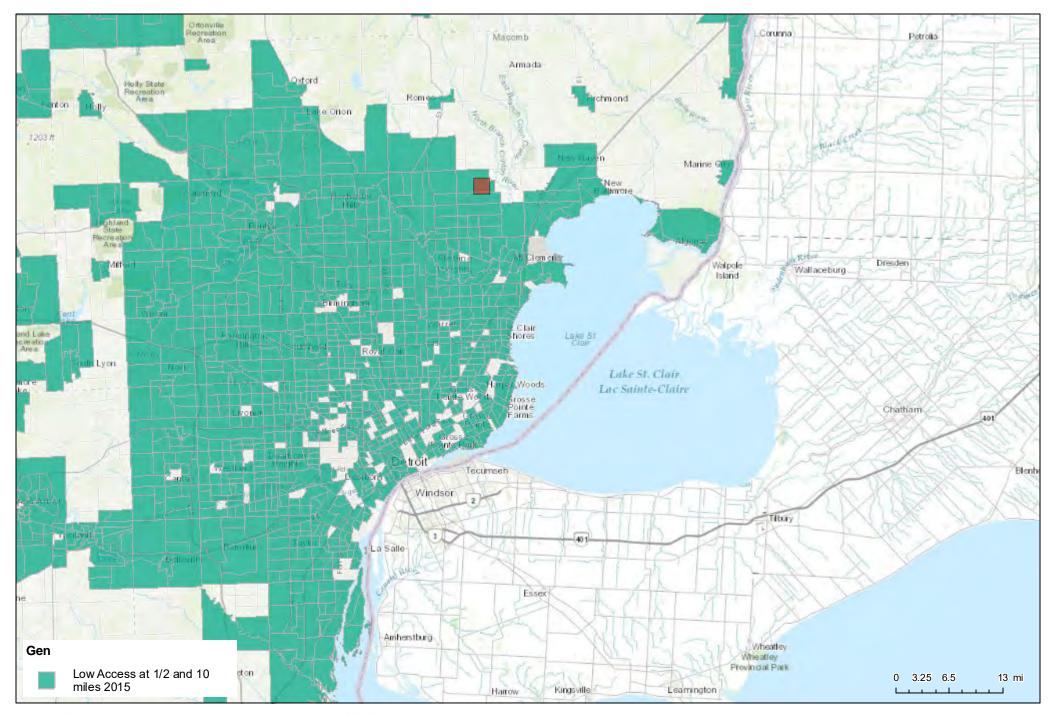
Data Definition: Tracts with a poverty rate of 20% or higher, or tracts with a median family income less than 80% of median family income for the state or metropolitan area.

Low Income



Data Definition: Tracts in which at least 500 people or 33% of the population lives farther than 1 mile (urban) or 10 miles (rural) from the nearest supermarket.

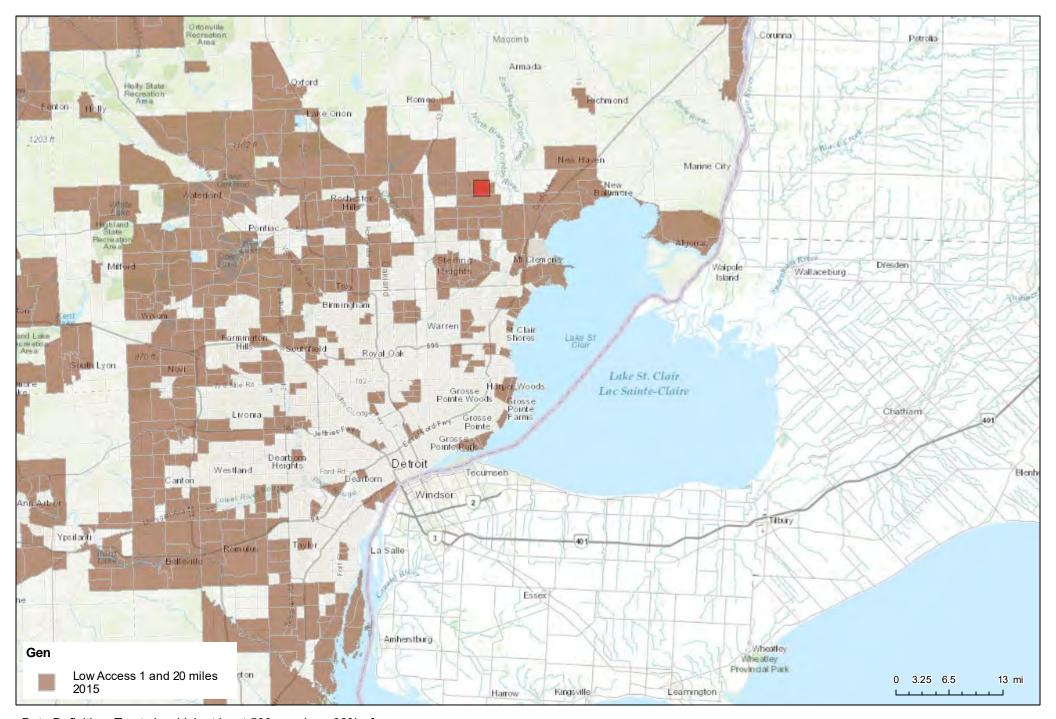
Low Access at 1 and 10 miles



Data Definition: Tracts in which at least 500 people or 33% of the population lives farther than 1/2 mile (urban) or 10 miles (rural) from the nearest supermarket.

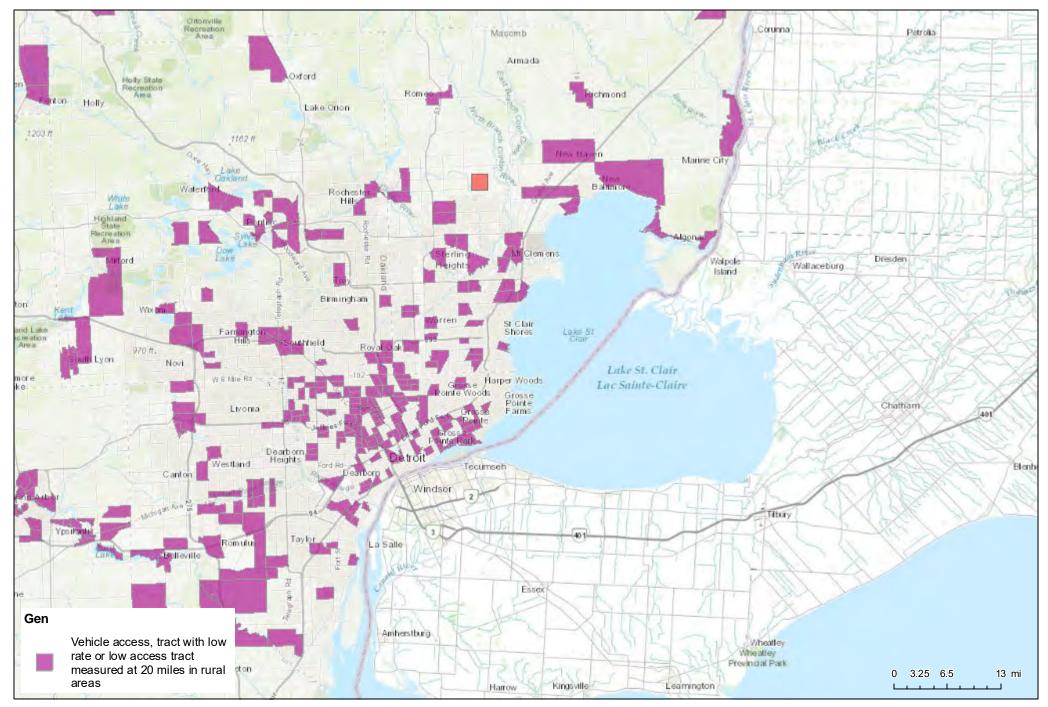
Low Access at 1/2 and 10 miles

Source: USDA Economic Research Service, ESRI. For more information: https://www.ers.usda.gov/data-products/food-access-research-atlas/documentation



Data Definition: Tracts in which at least 500 people or 33% of the population lives farther than 1 mile (urban) or 20 miles (rural) from the nearest supermarket.

Low Access at 1 and 20 miles



Data Definition: Tracts in which more than 100 households have no access to a vehicle and are more than 1/2 mile from the nearest supermarket.

Low vehicle access

Source: USDA Economic Research Service, ESRI. For more information: https://www.ers.usda.gov/data-products/food-access-research-atlas/documentation