

One South Main, 8<sup>th</sup> Floor  
Mt. Clemens, MI 48043  
Phone: (586) 469-7190  
www.macombgov.org/hcs

# News

Macomb County Executive  
Mark A. Hackel



---

## Department of Health & Community Services

### *For Immediate Release*

Kevin Sadaj  
(586) 469-5905

Media Contact: kevin.sadaj@macombgov.org

Date: April 1, 2016

### **Macomb County Health Department to host Infant Health Expos**

The Macomb County Health Department will host two infant health and safety expos, the first from 11 a.m. to 2 p.m. on April 16 at the Roseville-Eastpointe Recreation Center and the second from 4:30 p.m. to 7:30 p.m. on May 23 at the Warren Community Center.

The free expos, organized in collaboration with 26 community organizations, including hospitals, will provide information on infant safe sleep practices, safe car seat installations and resources for new or expectant parents.

“Putting a baby to sleep on his or her back is the single most effective action that parents and caregivers can take to lower a baby's risk of Sudden Infant Death Syndrome,” said Bill Ridella, director of Macomb County Health Department. “Expos like these provide resources that will make their families have healthy lives.”

The events are supported through a grant by the Michigan Department of Health & Human Services to promote infant safe sleep practices and reduce infant mortality in the state. The goals are to build awareness of the importance of placing infants on their backs and in a safe sleep environment and to educate advocates to spread the safe sleep message in Macomb County.

The Macomb County Health Department welcomes the community, especially those who are pregnant or are a parent or caregiver of an infant under the age of 1. Due to limited seating, RSVPs are required.

To register, visit [health.macombgov.org](http://health.macombgov.org) and click on Infant Safety Expo Registration or call (586) 469-5520.

###