

Fluffy Key Lime Pie

Serves 8



Ingredients:

- ¼ cup boiling water
- 1 package (0.3 ounce) sugar-free lime gelatin
- 2 cartons (6 ounce each) key lime yogurt
- 1 carton (8 ounce) frozen fat-free whipped topping, thawed
- 1 reduced-fat graham cracker crust (6 ounce)

Directions:

In a large bowl, add boiling water to gelatin; stir 2 minutes to completely dissolve. Whisk in yogurt. Fold in whipped topping. Pour into crust. Cover and refrigerate until set, approximately two hours.

Any flavor of sugar-free gelatin and yogurt can be substituted for lime.

Nutritional Facts:

- Calories per serving: 194
- Fat: 3 grams
- Carbohydrates: 33 grams
- Protein: 3 grams

Submitted by: MSU Extension

Source: Taste of Home