



Meeting Minutes

1. Welcome and Introductions

Present: Jay Cutler, *MCHD*; Kirsten Henry, *MCHD*; Whitney Litzner, *MCHD*; Maria Swiatkowski, *MCHD*; Haley Kehus, *MCHD*; Erika Lojko, *MCHD*; Diana Kott; *MCHD*; Nicole Urban, *Macomb Community Action*; Amanda Woods, *Oakland County Health Division*; Nicole Frantz-Ellis, *Beaumont*; Samatha Raad, *National Kidney Foundation of Michigan*; Mike Dexter, *MyCare Health*; Tashara Coakley, *Ascension Community Health*; Gerard Santoro, *Macomb County Planning and Economic Development*

2. Review July Meeting Minutes

Meeting minutes were approved from the July 2019 meeting. No changes were made.

3. National Kidney Foundation of Michigan Presentation

Samantha Raad from NKFM presented to the group an overview of the Foundation's history and programs, particularly prevention programs relevant to Macomb County. She highlighted Diabetes PATH and Enhance Fitness specifically, the latter with a new site at Ascension Macomb Eastpointe, as two programs that are offered in the county. The full PowerPoint presentation was provided in print to attendees and will be electronically available via email.

4. Move More Macomb Review and Group Discussion

Jay reviewed the components and most recent updates to the Move More Macomb website (movemoremacomb.org) for the workgroup. Tashara and Gerard both had specific suggestions for things to be included on the site, and Erika noted that the website could prominently advertise the recently approved parks and recreation plan for the county. The group also discussed various ways to advertise types of activities (e.g. kayaking, cycling, walking) as well as types of locations to exercise. Nicole U. also asked about social media promotion of the website as well as how frequently the website is updated.

If workgroup members would like materials or events advertised on the Move More Macomb website, contact Jay at jacob.cutler@macombgov.org.

5. Discussion of Workgroup Goals and Objectives

The workgroup goals and objectives were briefly reviewed by Jay and Kirsten. Gerard asked about the distinction between the first objective focusing on adults whereas an action focused



on children, and Maria discussed how the objectives are rooted in measureable data. A more in-depth discussion was tabled until the following meeting.

6. Partner Updates

- Nicole highlighted that there is a new division director at the MCA Office of Senior Services.
- Diana advertised oral health rack cards for organizations to use at their clinics, waiting rooms, and other programming. If organizations would like rack cards on oral health, contact Diana at diana.kott@macombgov.org.
- Whitney discussed the upcoming Community Health Assessment for the health department and a rough timeline for the process, and that the health department will be reaching out to the workgroup members about the assessment more specifically in the future.
- Tashara discussed the completion of Ascension Southeast Michigan's Community Health Needs Assessment, where they identified (1) obesity reduction and diabetes prevention, (2) mental health/substance abuse prevention, and (3) improving maternal/infant health as their three priority areas.
- Amanda also advertised the beginning of Oakland County Health Division's CHA process.
- Gerard discussed the opening of the Blue Way water trails and grant funding for universally acceptable paddle launches on the Clinton River for up to two communities in the county. He also discussed the kickoff for the Northern Branch Greenway Partnership and SEMCOG grant funding to establish trails for a variety of physical activity levels and activities. The workgroup can discuss what can be included in the greenway at the next meeting. Finally, along with Maria, he discussed the possibility for outdoor fitness courts to be established in the county, specifically in Clinton Twp., based on Oakland University's courts. See the following for more information:
<https://nationalfitnesscampaign.com/news/tag/oakland+university>

7. Next Meeting in January 2020

