

WHAT IS DOMESTIC VIOLENCE?

Domestic Violence is a pattern of behaviors that are used to gain and maintain power and control.

Physical Abuse: Hitting, scratching, shaking, choking, pushing, or using one's size and strength against another.

Emotional Abuse: Name calling, humiliation, making someone feel insecure or guilty, or telling lies or private information.

Social Standing: Using popularity, class, race or disability to manipulate, make all the decisions or define roles in the relationship.

Using Technology: Sending unwanted messages, breaking into social media accounts, email or cell phone, or unwanted sexting.

Using Intimidation: Making someone afraid by using looks, actions, or gestures or threatening or abusing pets or loved ones.

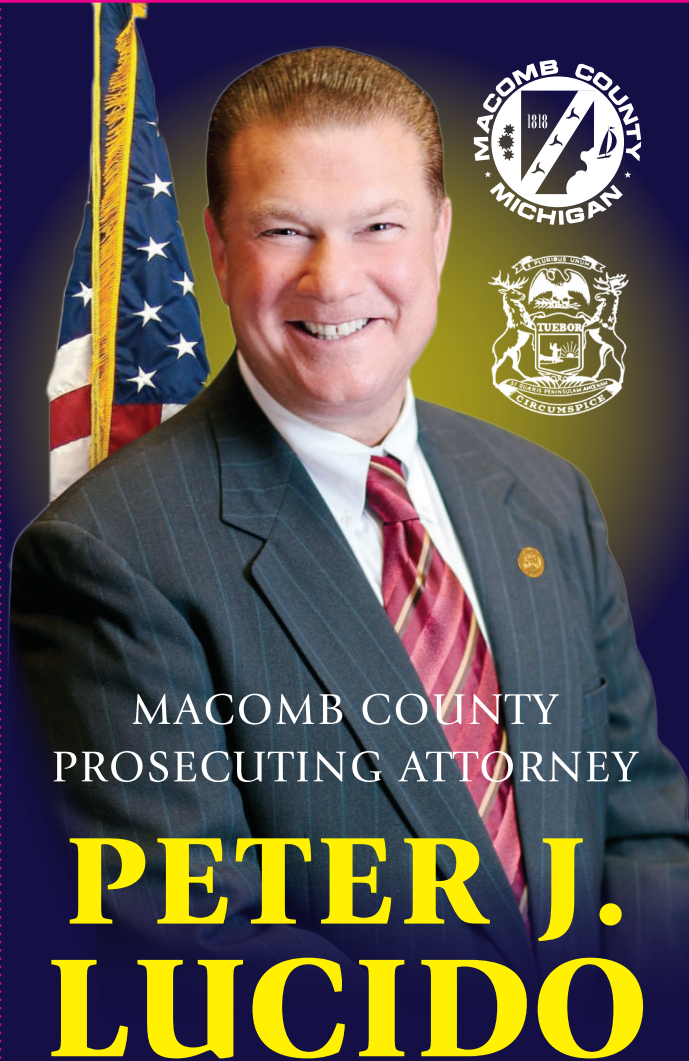
Minimizing, Denying or Blaming: Minimizing the abuse, blaming abusive behavior on stress, drugs/alcohol, jealousy, or the victim.

Using Threats: Threatening to become violent, leave the relationship, commit suicide, or make someone do illegal things.

Sexual Assault: Manipulating to get sex, refusing to use birth control or STD protection, or sexual touching without consent.

Exclusion: Controlling what someone does, where they go, who they can see, talk to, or what they wear. Isolating someone from family and friends.

Economic Abuse: Stealing or destroying belongings/money, preventing a partner from getting or keeping a job, or not letting the partner know or have access to family income.



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DOMESTIC VIOLENCE

WHAT YOU NEED TO KNOW



Brought to you by
The Macomb County
Prosecutor's Office

THINGS YOUR ABUSER MIGHT SAY...

- “This never would have happened if you...”
- “You started it! You’re always...”
- “Look what you did...”
- “You are tearing our family apart.”
- “This could cost me my job.”
- “What did you tell them?”
- “You know how much stress I’m under.”
- “I was drunk...”
- “It was an accident.”
- “I’m sorry, I just snapped.”
- “You know how much I love you.”
- “It will never happen again.”
- “Who will pay the bills?”
- “If you show up in court, you’ll pay!”
- “Why are you doing this?”

NO MATTER WHAT THEY SAY... ALWAYS REMEMBER

- The abuse is **NOT** your fault.
- You **DO NOT DESERVE** to be abused.
- Any consequences the defendant receives are **NOT YOUR FAULT**.
- Love does **NOT** justify abuse.

CYCLE OF VIOLENCE



RESOURCES FOR YOU!

If it is an emergency, call 911!
Otherwise, call the nearest police department.

National Domestic Violence Hotline 24/7
Call: 800-799-7233 or
Secure Chat Online at thehotline.org

Turning Point 24 Hour Hotline/Shelter
Call: 586-463-6990

Loveisrespect
Call: (866) 331-9474 or Text “loveis” to 22522
Secure Online Chat: Loveisrespect.org

WHAT HAPPENS IF YOU REPORT THE ABUSE

The Macomb County Prosecutor’s Office’s goal is to stop the abuse.

You will help make decisions regarding the defendant’s consequences.

Counseling Programs are possible alternatives to incarceration.

Depending on your specific situation, the prosecutor will recommend programs such as Alternatives to Domestic Aggression (ADA) counseling program and Macomb Batterer’s Intervention Program.

You will be assigned a Crime Victim Advocate who will help you through the court process.

The Crime Victim Advocate will help you find resources for you and your family.

